Hi, I'm Haley – here are some things I would like you to know about me.

## Advocacy & **Engagement**

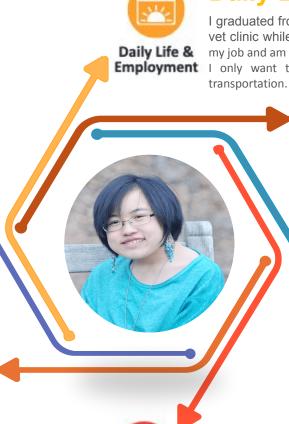
I am pretty shy so it is hard for me advocate for myself. My mom and da do a lot of the talking for me and don't offer me a lot of opportunities to make decisions.



Social &

## Social & **Spirituality**

I enjoy encouragement and positive reinforcement, and I smile when I am happy. I enjoy my friends once I get to know them, and I really like being around my non-disabled peers. I also Spirituality like to watch TV shows and videos on my cell phone and like using technology as part of my daily life. I also enjoy Word Search puzzles. I also enjoy "girly" time with my mom where we do our make up and nails



Safety &

Security

### **Daily Life & Employment**

Living

I graduated from high school and had work experiences at a thrift store and vet clinic while I was in high school. I work in a sheltered workshop and I hate my job and am ready to move. I want to work in the community. I am 29 years old. Employment I only want to work part time in my current job. I can use paratransit

### **Community Living**

Community I currently live with my parents and enjoy having my family around, but I would like to live on my own or possibly with a roommate. My parents do not like for me to be home alone so I go to the workshop 5 days a week. My parents do a lot for - like my laundry and cooking all my meals. I use the paratransit which my parents schedule for me.

## **Healthy Living**

I do need assistance with my health and taking my medications. I will need someone to assist me in understanding my medications and supporting me with a health plan including with establishing a healthy diet.

## **Safety & Security**

I currently receive SSI and Medicaid but do not have a Medicaid Waiver. My parents do not have guardianship over me but my Mom is my representative payee and they handle all my finances and my social security.

Healthy

Living

## Haley's Resource and Support Needs

## Advocacy & Engagement

Needs assistance making a budge understanding how much she car make without losing benefits, how to report wages to SSA and how to pay bills and resolve disputes as they arise.



Security

## Daily Life & Employment

Want to work in the community and be among my non-disabled peers. I may need assistance on the job initially to help me learn my duties.

## **Community Living**

Wants to live on own or with a roommate but still near the family. Currently uses paratransit services but wants to learn how to use the local public transit system.

## Social & Spirituality

Shy and needs support to find groups to connect with and make friends.

Spirituality

## **Healthy Living**

Need supports to develop a healthy diet and learning to cook simple meals as well as understanding medical needs and taking medications safely.

Safety & Security
Needs to learn how to be safe or

Needs to learn how to be safe on the job and in the community and will need to become own representative payee

### **Charting the Life Course Life Domains**

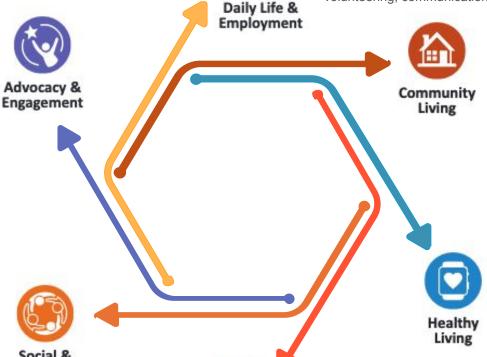
## Advocacy & **Engagement**

Building valued roles, making choices, and driving how one's life is lived.

## **Daily Life & Employment** volunteering, communication, routines, life skills.

What a person does as part of everyday life-school, employment,

setting goals, assuming responsibility



### **Community Living**

Where and how someone lives housing and living options, community access, transportation, home adaptations and modifications.

## Social & **Spirituality**

Building friendships and relationships, leisure activities, personal networks, and faith community.



Spirituality



### **Healthy Living**

Managing and accessing health care and staying well - medical, mental behavioral health. health. developmental, wellness and nutrition.

Safety & Security

**Safety & Security** 

Staying safe and secure - emergencies, well-being, guardianship options, legal rights and issues.

https://www.lifecoursetools.com/lifecourse-library/exploring-the-life-domains/

## Participant's Resource and Support Needs

## Advocacy & Engagement

Resources:

# Social & Spirituality

Resources:



**Daily Life & Employment** 

