
THE GEORGE WASHINGTON UNIVERSITY
GRADUATE SCHOOL OF EDUCATION
AND HUMAN DEVELOPMENT

**COUNSELING INTERNSHIP
INFORMATION HANDBOOK**

2019-2020 Edition

Department of Counseling and Human Development
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THE GEORGE WASHINGTON UNIVERSITY
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Introduction

The purpose of this handbook is to provide clinical mental health counseling students, rehabilitation counseling students, school counseling students, and internship supervisors with information about the Counseling and Human Development Department at The George Washington University (GW) in Washington, DC. It is intended to clarify policies, procedures, requirements, and expectations of internship.

The internship courses CNSL 6185 Internship in Counseling and CNSL 6186 Advanced Internship in Counseling are the final and most comprehensive professional experiences of the clinical mental health, rehabilitation counseling, and school counseling programs. The intent of the internship is to provide the student with continued supervised training at a site outside the university environment that aligns with the students counseling program area.

Mission

The GW counseling program is committed to preparing knowledgeable and ethical Professional Counselors who are equipped for the practice of individual, couple, family, and group counseling. Our program emphasizes working with diverse populations and developing strategies to promote the social, emotional, psychological, and physical health of individuals, families, communities, and organizations. We contribute to human development, adjustment, and change by encouraging our diverse faculty and student body to engage in reflective practice, critical inquiry, civic engagement, and responsible social action.

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INTERNSHIP – The program requires completion of a supervised internship in the student’s designated program area of 600 hours, begun after successful completion of a 100-hour practicum and all didactic coursework. The internship courses CNSL 6185 Internship in Counseling and CNSL 6186 Advanced Internship in Counseling are intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. Based on CACREP Standards 3 J-M, each student’s internship includes all of the following:

- At least 240 hours of direct service, including experience leading groups.
- Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the internship, usually performed on-site by the site supervisor.
- An average of 1.5 hours per week of group supervision provided on a regular schedule throughout the internship and performed by a university faculty member.
- The opportunity for the student to become familiar with a variety of professional activities and resources in addition to direct service (e.g., record-keeping, assessment instrument, supervision, information and referral, in-service and staff meetings).
- Evaluation of the student’s counseling performance throughout the internship, including documentation of a formal evaluation after the student completes the internship by the site-supervisor.

As a result of completing CNSL 6185 Internship in Counseling and CNSL 6186 Advanced Internship in Counseling, students will be able to:

1. Explain and apply the role of the professional counselor as an advocate to the profession and to clients with barriers that impede access, equity and success. (2.F.1.e)
2. Explain the professional counseling credentialing process, including certification, licensure, accreditation practices and standards, professional organizations and membership, and lastly the effects of public policy on these issues. (2.F.1.f, 2.F.1.g)
3. Articulate the role of supervision in the profession and evaluate technology’s impact on counseling. (2.F.1.m)
4. Demonstrate awareness of their social locations and impact on their life experiences. (2.F.2.g, 2.F.2.e, 2.F.5.f)
5. Demonstrate awareness of competence and limitations. (2.F.1.k)
6. Describe the effect of power, privilege, and difference and how these shape their own cultural attitudes, and beliefs. (2.F.2.d, 2.F.2.e, 2.F.2.g)
7. Demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view. (2.F.2.c)
8. Implement and evaluate strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups. (2.F.2.a, 2.F.2.f, 2.F.2.h)
9. Demonstrate ability to explore how personal experiences, thoughts, and feelings impact counseling with clients. (2.F.5.f)
10. Explain the essential concepts of the major theoretical schools in counseling and apply specific techniques associated with each of those approaches (2.F.3.h, 2.F.4.a, 2.F.4.i)
11. Demonstrate ethical and multicultural concepts integrated into counseling approaches at individual, group or systemic levels (2.F.3.h, 2.F.4.g)

12. Evaluate the use of counseling theory and techniques within treatment, intervention, or prevention plans (2.F.3.g, 2.F.3.f, 2.F.4.i)
13. Apply ethically and culturally relevant strategies for promoting optimal development across the lifespan in any counseling modality (2.F.3.i, 2.F.4.j, 2.F.6.g, 2.F.7.m, 2.F.8.j)
14. Demonstrate, apply, and evaluate a thorough diagnostic process if required for implementation of appropriate interventions (2.F.3.c, 2.F.3.e, 2.F.3.d)
15. Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice (2.F.7.f, 2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l)
16. Demonstrate ability to facilitate and manage the counseling process with individuals, groups, and families through direct client services and indirect client services (2.F.3.c, 2.F.3.e, 2.F.3.d)
17. Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice. (2.F.7.f, 2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l)

Section 1: Guidelines for Preparing and Applying for Internship

The following guidelines apply to all George Washington University students in the master's clinical mental health, rehabilitation, and school counseling programs. Differences in guidelines among programs are noted in **BOLD** as appropriate.

Carefully reading through these guidelines described herein will help you avoid not appropriately enrolling in an internship prerequisite course, an action that would result in a one or two semester delay in enrolling in practicum/internship.

Prior to meeting with your faculty advisor, complete the Self-Evaluation (see Appendix C) and keep it for your records. Reflect on the type of work and population within the counseling profession that is of interest to you.

1. Internship course prerequisites:

These courses are required to be completed prior to beginning CNSL 6185 Internship in Counseling. Because prerequisite courses are not offered every semester, it is important to meet with your faculty advisor during the first semester of your graduate program to discuss your program plan of study. School Counseling and Clinical Mental Health Counseling follow the cohort model sequence. Please see your faculty advisor.

2. Internship Orientation:

- Foggy Bottom on-campus Clinical Mental Health Counseling students and on-campus Rehabilitation Counseling students attend a one-hour Orientation to Internship two semesters prior to enrolling in CNSL 6185.
- School Counseling students attend an in-class orientation prior to internship site placement.

- Online Rehabilitation Counseling students attend a Webex internship orientation one semester prior to internship site placement.

3. Counseling Internship Application Form: See Appendix D.

Students are to complete the form and submit it to their faculty advisor by the dates below:

- **December 1** for Summer start cohorts
- **January 15** for Fall start cohorts

NOTE: School counseling interns will receive guidance from the SC program director. Applications and instructions will be in coordination with the GW GSEHD Division of Clinical Experiences and Licensure (DCEL), who will make placements for CNSL 6185 Internship in Counseling and for CNSL 6186 Advanced Internship in Counseling. All school site inquiries are handled by DCEL.

4. Application to utilize employment site as internship site

A student interested in considering their place of employment as one option for an internship placement must first notify their faculty advisor to propose this employer as the internship site placement. The student must provide their faculty advisor with (1) their current job description from their employer that would detail their role, functions, and responsibilities; (2) the description of the proposed internship site duties that align with CACREP standards. Included in the proposal should be the name and credentials of the student's current supervisor, the name and credentials of the proposed supervisor for internship, and a statement from the Human Resources Department that states an awareness of the internship duties and support of this proposal. The proposal would be discussed with the faculty advisor, approved by the program coordinator, and final approval must be obtained from the Department Chair.

NOTE: School Counseling interns are not eligible to be placed in schools where employed, nor are School Counseling interns allowed to solicit their own school sites.

5. Prior to committing to a specific internship site, the student must confirm that the site has a current unexpired Memorandum of Understanding (MOU) with GWU. The student can do this by contacting their faculty advisor, who will have an up-to-date list of MOU agreements. Upon confirmation that the site has a current MOU with GWU the student is able to make a commitment to that site.

6. If the student is seeking an internship at a site that DOES NOT have a current MOU agreement, the student must contact their faculty advisor. The advisor will confirm that the site meets the CACREP-accreditation standards, and that the process for the site to obtain a MOU can be started. Please allow up to 6 months for this approval process to complete.

7. Students are advised to submit letters/e-mails of interest, with updated resumes, to several site directors/supervisors of internship sites of interest, no later than December 2019

for a Summer 2020 or Fall 2020 internship. Please see your faculty advisor. (Note: Some sites require applications/interviews as much as one year prior to placement.)

8. Student must obtain confirmation of site placement by requesting that the site supervisor complete the **Field Site Supervisor Agreement (See Appendix E)**. The student is responsible for submitting the Field Site Supervisor Agreement to their advisor with all internship materials on or before the deadline March 2, 2020 for Summer 2020 and May 1, 2020 for Fall 2020.

9. Students must **obtain professional liability insurance** through the American Counseling Association (ACA) at www.counseling.org, the American Rehabilitation Counseling Association (ARCA) www.arcaweb.org, the American School Counseling Association (ASCA) at schoolcounselor.org, or a reputable organization of your choosing. Membership in an organization does not automatically entitle you to a second year of professional liability insurance. Although you secured liability insurance for CNSL 6269 Practicum I in Counseling and CNSL 6270 Practicum II in Counseling, if that policy was for a one-year period you again present proof of liability insurance for the two-semester internship period. Provide a policy copy to faculty advisor.

Students should **print out the certificate of insurance** (which is distinct from the membership card) that contains their name, the date the insurance is effective, the expiration date and the dollar amount of the coverage (e.g., 1 million each claim /3 million student aggregate). Allow 4-6 weeks for membership and liability insurance requests to be processed. This print out will be submitted to their internship course instructor, and a copy should be kept by the student as they practice.

10. The **Field Site Supervisor Form and Certificate of Malpractice Insurance** should be **submitted to the student's faculty advisor 60 days prior to the semester** that they intend to enroll in CNSL 6185 Internship in Counseling.

11. Students must **submit** a copy of the "**Clinical Supervision Guidelines**" (see Appendix A) **to internship site supervisor prior to beginning work at your placement site.**

Section 2: Selection of, and Securing, Internship Field Sites

Clinical Mental Health Counseling students and Rehabilitation Counseling students

Faculty advisors assist students in obtaining an internship placement with a memorandum of understanding (MOU) by providing information about approved sites, discussing questions about potential sites, and being available to provide guidance. Students arrange internship site interviews to secure placements.

The department's policy regarding approved field sites is that this process is a joint responsibility of the faculty advisor and the student. It is the responsibility of the student to use the information provided by the faculty advisor to select an approved site with an MOU, send a resume, complete any necessary applications, and to set up interviews with a potential internship. For School Counseling students, internship sites are identified by the GW Division of Clinical Experience and Licensure.

Internship Site Interviews

Clinical Mental Health and Rehabilitation Students: Make interview appointments with the appropriate contact persons in the approved MOU field sites you selected. General instructions for the interview are:

1. Before attending the interview, read and be familiar with all of the material in this Handbook. Take a copy of this Handbook with you to provide a copy for the field site contact. Be prepared to inform the field site contact that you want to participate, under supervision, in a variety of counseling (individual, group and family) and counseling-related experiences (staffing, in-service, workshops, intake interviews and assessments) as appropriate to your training and interest. Also let the site contact know that you need to have at least eight hours a week of direct counseling experience, with at least one client continuing over several sessions.

- **Clinical mental health counselors require an average of one hour per week of individual supervision by an independently licensed supervisor (i.e., a licensed counselor, social worker, or psychologist).**
- **Rehabilitation counselors require an average of one hour per week of individual supervision by a Certified Rehabilitation Counselor (CRC).**
- **School counselors require an average of one hour per week of individual supervision by an individual trained in school counseling (i.e., school counselor, school social worker, school psychologist, licensed professional counselor)**

2. Foundations Course. An overview of the complete internship process will be provided during the Foundations course for each program (i.e., Clinical Mental Health, Rehabilitation Counseling, School Counseling).

3. Be prepared to meet field site requirements. For example, you may have to begin your internship site work before the semester begins and/or continue it after it ends or work evenings and weekends.

4. You may receive and accept an internship appointment interview with an MOU approved site. After the interview, wait five business days to hear from the site. If you have not heard from the site, call them and inquire about their decision.

After you have received oral confirmation from the contact site person provide your site supervisor with a copy of the Field Site Supervisor Agreement Form to sign and return it to your advisor.

Be sure that the field site contact person knows when you are expected to begin your internship; some sites require preliminary training.

During the internship at the field site, the field site supervisor has supervisory and administrative responsibility for field site activities. The GW University faculty instructor for internship may visit the field site if it is necessary, or the field site supervisor or you request a visit at the beginning or any time during the semester. At the end of the semester, the field site supervisor will complete an evaluation form on your internship activities. If the internship evaluation is less than satisfactory or any problem arises through the semester the faculty instructor will contact the field site supervisor.

If special problems or concerns (clinical, supervisory, interpersonal, etc.) should arise during the field site internship, let your internship faculty instructor know in a timely fashion. It is the responsibility of the university internship instructor to work with you and the field site supervisor to properly handle and resolve any special problems or concerns.

Extending Internship Due to Skills or Hours Shortage

In some cases, the master's student may need to extend work at the internship site because the total 600 hour internship (**for school counselors, 300 hours both fall and spring semesters**) requirement has not been during two academic semesters or the student's counseling skills do not meet the minimum requirements. If the issue is a matter of hours and the work can be completed within a four-week period beyond the end of the semester, the student is required to continue in on-campus supervision, and WILL HAVE THEIR DEGREE CONFERRED THE SUBSEQUENT SEMESTER IF ALL CLASSES ARE COMPLETED. A STUDENT MAY "WALK" IN THE MAY COMMENCEMENT IF ALL BUT 9 CREDITS REMAIN IN THEIR PROGRAM AND THOSE WILL BE COMPLETED DURING THE SUMMER SEMESTER IMMEDIATELY FOLLOWING THAT ACADEMIC YEAR. Students may need to continue demonstrating adequate counseling skills, including hour accrual, beyond the 4-week grace period. In such circumstances, students would enroll in a third semester of internship and fully participate in CNSL 6186 Advanced Internship in Counseling for one academic semester. The student would enroll in 1 credit of independent study with the course instructor, attend internship class, and continue to accrue hours at the internship site through the end of that semester as determined by the internship instructor and the field site supervisor as collaboration necessitates.

The student's internship instructor determines the necessity of staying an additional semester so all questions regarding hours and skills must be directed to the internship instructor. In the event that a student is not demonstrating an acceptable level of counseling skills as evidenced by evaluation (i.e., mid-semester evaluation, end of semester evaluation, student assignments, student

case presentations), the student will be notified by their internship instructor that their skills are not progressing so that advancement to a second internship semester or that satisfactory completion of a second internship semester is not possible so that a third semester of internship may be necessary.

Internship instructors meet individually with their students throughout the semester to provide direct feedback on progress toward completing the skill competencies for Internship I and II. A student's further questions and concerns about their progress during the internship semesters is the responsibility of the student to seek out and discuss with the internship instructor.

Internship Hours Toward State Licensure

Each state differs in requirements for licensure. Every student is encouraged to consult the licensure regulations of the state in which the student anticipates seeking licensure to independently practice counseling. Consult the specific state for the requirements by going to www.amhca.org and clicking on 'Practice Resources' along the left side of the screen. This provides access to the web page for every state. In some states, internship hours logged under a state licensed practitioner (internship instructor or site supervisor) may contribute toward licensure.

In the event that students wish to include internship hours toward hours for licensure in Virginia, the internship must begin after completion of 30 semester hours toward the graduate degree in counseling.

APPENDIX A

**The George Washington University
Graduate School of Education & Human Development
Department of Counseling and Human Development
STUDENT STATEMENT OF INFORMED CONSENT**

I agree to abide by the rules and policies of the George Washington (GW) University, the Graduate School of Education and Human Development (GSEHD), the Department of Counseling and Human Development (CHD), in the CHD Student Handbook, the CHD Counseling Practicum/Internship Handbook, and the GW Graduate Bulletin.

To successfully complete a program in any field of Counseling within the Graduate School of Education & Human Development, I will be expected to demonstrate academic competence, counseling skills, and personal –comportment appropriate for a counselor-in-training. This conduct includes but is not limited to: appropriate interviews and sessions with clients, practicing in a professional and ethical manner, and establishing appropriate relationships with clients to facilitate client progress.

I understand that my performance in the program will be reviewed and evaluated on a continual basis by department faculty members. I understand that the department faculty meet twice yearly, and at other times as may be needed, to conduct an executive (confidential) review of all students to discuss and identify any student who may be exhibiting academic, professional, or personal behavior that calls into question his or her suitability for being a professional counselor. Deficiencies in these areas may result in my being required to repeat course work, to seek and show evidence of personal counseling at my own expense, or dismissal from the program. The evaluation will be based on my academic knowledge, practitioner competencies, and personal comportment. My learning and professional activities will be characterized by my ability to achieve proficiency in the following skills:

- Demonstrate effective listening skills.
- Respect divergent points of view.
- Express thought/knowledge effectively.
- Demonstrate realistic expectations in regard to academic planning.
- Show developed sense of self-awareness regarding skills and talents.
- Demonstrate an ability to develop and sustain rapport with both men and women.
- Use personal power and authority appropriately.
- Work collaboratively with others.
- Demonstrate ability to articulate one's feelings.
- Demonstrate an awareness of cultural, gender, and spiritual issues.
- Demonstrate the ability to receive, give, and integrate feedback, including clinical supervision regarding my work with clients.
- Demonstrate appropriate boundaries: sexual, ethical, and professional.
- Exhibit ability to take responsibility for one's actions.
- Interact appropriately with authority.
- Contribute to a positive classroom environment.
- Exhibit dependable behaviors with regards to assignments, group activities, and attendance.

I understand that GW counseling faculty strongly encourages students to seek out opportunities for personal growth and enhanced self-awareness through a variety of means, including personal counseling, as a complement to my clinical training. Because I understand that the process of becoming a counselor places heavy personal and psychological demands on students and may cause me personal distress or challenge my personal adjustment, I may be encouraged or required to seek

support or personal counseling to ensure that I am able to successfully complete my training. I also understand that the program requires participation in experientially based courses. Self-disclosures will not be used as a basis for grading these courses. However, if I disclose an impairment, condition, or circumstances that compromise my ability to perform in a professional and ethical manner, or which create the potential for harm to clients, I may be required to repeat course work, to seek and show evidence of personal counseling at my own expense, or I may be dismissed from the program.

I will be expected to successfully complete CNSL 6269 Practicum I and CNSL 6270 Practicum II (for Clinical Mental Health Counseling students and on campus Rehabilitation Counseling students) with a letter grade of “B-” or better prior to enrolling in CNSL 6185 Internship in Counseling. If I do not meet this requirement after two attempts, I will be dismissed from the program. I understand that in order to register for CNSL 6185 or CNSL 6186 (Advanced Internship in Counseling) a second time, it will require permission from the Senior Associate Dean. I will be expected to successfully complete both CNSL 6185 and CNSL 6186 with a letter grade of “B-” or better in order to complete the Program. If I do not meet this requirement I will be dismissed from the Program.

I am aware that I must complete a Practicum and Internship. It is imperative that I make myself available for the hours required by all Practicum and Internship placement at the specific days and times required by those sites. I also realize that I am responsible for fulfilling all the procedures as outlined in the Practicum and Internship Handbook. If I am enrolled in a 60-credit counseling program, I am aware that I must successfully pass the comprehensive exam, the CPCE within 2 attempts. I understand that failure to do so may result in my termination from the program. Proficiency as a counseling intern is expected for the successful completion of programs at GW. Regular evaluations of my progress will be provided during Interview Skills, Practicum, and Internship.

Finally, I understand that the completion of a degree or certificate in Counseling does not guarantee certification or licensure. I understand that these credentials are conferred by different agencies and may have requirements different from those of the Counseling Programs at the George Washington University. I understand that the requirements set forth in this document are not exhaustive or cumulative and that I may be dismissed from the program based on reasons other than those set forth herein or based on my failure to meet one or more of such requirements.

Student name printed	Student signature	Date
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Faculty Advisor name printed	Faculty Advisor signature	Date
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APPENDIX B

Supervision Guidelines for Site Supervisors

Clinical Supervision Guidelines for Practicum/Internship Site Supervisors

The information on the following pages is provided to familiarize field site supervisors and students with the guidelines used by their field site supervisors.

Introduction

These guidelines are designed for field site supervisors who agree to provide clinical supervision to practicum/internship students in the master's program in counseling at The George Washington University.

The guidelines briefly describe the training/educational objectives of the practicum/internship and the roles and responsibilities of field site supervisors in helping students achieve these objectives. (Note: In this document, the term 'student' refers to The George Washington University master's student.)

General Structure of Internship

The George Washington University's Department of Counseling and Human Development requires all candidates for the master's degree in counseling complete a supervised counseling practicum and internship experience.

The supervisor completes an Internship Evaluation Form mid-way through the first semester and again after the first 300 hours at the end of the semester. If the performance of skills is less than satisfactory, the instructor and the field site supervisor communicate to identify the issues/problems and decide on a course of action for improvement that would include communication with the student to seek input. The faculty instructor and field site supervisor collaborate with the student and create a plan of action for improvement and further incremental evaluation.

The second semester is a continuation of the counseling internship and involves 300 hours of supervised counseling and related activities. The usual time commitment is 15-20 hours at the field site, over two semesters.

The clinical experiences at the field site run concurrent with an on-campus classroom seminar/supervision dealing with professional roles, ethical considerations, case management, agency functions, community resources, philosophical approaches, and other experiences designed to create an identity as a professional counselor.

The student receives weekly individual clinical supervision on the cases that are assigned to the student working at the field site. The field site supervisor is asked to regularly log on to a Time2Track website, to sign off on the intern's hours that show all activities performed by that intern to date. Interns are asked to submit their hours into Time2Track on a weekly basis. Log in information is sent to the field site supervisor via email.

NOTE: School Counseling interns will complete weekly detailed logs, have the school site supervisor verify, sign, and date, and submit with all corresponding SOAP and group notes to the University Internship instructor. University supervisor will review, sign, and return to the student to upload in Time2Track.

Minimum Counseling Supervisory Requirements

1. Master's level counselor trainees must have counseling or counseling related experience with individuals, families, or groups served by the field site for a minimum of ten direct hours per week.
2. Counselor trainees must have the opportunity to provide on-going counseling or counseling related services with at least one individual over at least several sessions. They should not be restricted to only intake interviews but should take the opportunity to engage in the full range of service activities that the field site offers to individuals served by them.
3. Beyond these minimums, the intern trainee should be given as much opportunity as possible for substantial counseling and counseling-related activities.

NOTE: School supervisors will assist school counselors to secure and counsel three (3) target students in Internship I and (4) target students in Internship II for four to six sessions each. Six to eight sessions with two (2) groups is required in each Internship I and II. See syllabus for detailed requirements.

4. Intern students must receive at least one hour per week of individual supervision from a licensed counselor, certified rehabilitation counselor, **approved school counselor**, or other licensed mental health professional.

Client-Related Interactions:

Below are examples of client-related interactions counted as direct and indirect hours:

- Direct: Client sessions, community outreach, group therapy sessions, mentoring, phone calls with other clinicians related to your cases (e.g., psychiatrists, case managers, physicians), IEP meetings about students, guidance lessons, and family meetings at schools. In addition, there may be opportunities for community outreach.
- Indirect: Internship classes, supervision sessions, reading charts, writing progress and process notes, preparing for client sessions, grand rounds, meetings with teachers, and research/ preparation time for guidance lessons or psycho-educational lessons.

Goals and Objectives of the Supervised Clinical Practice in Counseling

In addition to supplementing and enriching classroom experiences, the supervised clinical experience is a method of training characterized by “doing.” These experiences introduce and engage the counselor intern trainee in activities and judgments fundamental to counselors' regular professional responsibilities.

At the master's level, GW offers counseling programs in clinical mental health, school, and rehabilitation counseling. Intern trainees seek placements in the community (mental health/human service) agencies, k-12 schools, or rehabilitation settings according to their programmatic concentration.

Goals

The primary goal of the internship is to provide the student a transitional clinical/counseling experience by engaging in a practical, day to day work schedule under the close supervision of a competent counselor. Close supervision can assist the student in refining professional skills, according to the level of development while in a learning situation. For master's internship students, this goal is understood in terms of entry-level professional competencies.

A very significant factor in the success or failure of an intern's clinical experience is the quality of

supervision. Sensitivity to the professional needs and the particular personality of the trainee is recommended to create and foster an atmosphere facilitating professional growth. The clinical experience emphasizes the importance of two additional goals:

- 1) Working with actual cases to provide better understanding of services and professional conduct
- 2) Training that remains educational in purpose, but productive by agency or institutional standards.

Thus, through the joint efforts of the University faculty, the counselor trainee, and the agency, school, or institution personnel, the trainee is supported in becoming a knowledgeable, skilled, and disciplined professional counselor.

The internship activities may include the following:

1. Orientation to program components, policies, and procedures; introduction to staff and their role and function, identification of the expectations for interns, confidentiality procedures, and Code of Ethics for professional counselors.
2. One hour of documented weekly face-to-face supervision by mental health professional who has earned a master's degree and has at least two years' experience as a counselor/mental health professional.
3. Observation of all aspects of the delivery of counseling services.
4. Work assignments, performing the tasks required of an employed counselor in an agency setting from intake to discharge.
5. Reporting an activity log of 240 direct hours over two semesters. Total hours over the two semesters will be 600.

The internship evaluation component includes:

1. Evaluation of student performance by the site supervisor at both the semester mid-point and end date of each semester enrolled in internship.
2. Evaluation of student performance by the faculty supervisor at both the semester mid-point and end date of each semester enrolled in internship.

Roles and Responsibilities

A uniform program of activity applicable to all field settings and students cannot be outlined since each student varies in personal and educational readiness, and each agency, school, and institution has a different purpose, scope, and function. The agency or institution supervisor should clarify clinical, counseling, consultation, administrative, managerial, and leadership responsibilities and expectations with the student.

The agency, school, or institution supervisor is expected to provide at minimum one hour of weekly individual supervision.

The content and process of the agency, school, or institution supervision is determined on an individual basis

between the student and the supervisor. University supervision will be provided on a group basis during the weekly seminar meetings and individually twice a semester.

Individuals/Clients Served by the Field Site

Site supervisors are asked to select several typical cases, current or closed, for study or analysis to illustrate an example of the agency/institution function, the individuals served, and the counselor role.

1. Interviewing
 - a. Intake or screening interviews
 - b. Counseling/therapy interviews
 - c. Social history interviews
 - d. Interviewing involving individuals served differing as to disability, background, etc.
2. Procedures Involving Assessment, Appraisal, and Diagnostic Work-ups
 - a. Medical/psychiatric assessment
 - b. Psychological testing for learning disability (one-on-one testing)
 - c. Educational diagnostic testing
 - d. Vocational assessments
 - e. Social/family assessments
3. Inter- and Intra-agency/school/institution Case Conference
4. Staff/Faculty Meetings
 - a. Administrative
 - b. In-service training
5. Medical, Psychiatric, Psychological, and Social Work Consultations
6. Case Recording and Record-Keeping
7. Counselor "Field" Rounds (Provision of services)
 - a. Home visits only with supervisor accompaniment and faculty advisor approval.
 - b. Employer visits (job placement follow-up)
 - c. Community resources

- d. State employment services
- e. On-the-job training
- f. Hospitals
- g. Rehabilitation centers
- h. Workshops, conferences, in-services

8. Managerial and Consultation Activities as these are appropriate to the student's program emphasis and the nature of the field site.

The cases selected for an intern might best be those that the agency/school supervisor can use for instructive purposes. The selection of cases is best based on whether they challenge the professional development of the student.

Intern Role

Students should arrange their schedule to conform to agency requirements—precedence being given only to attendance at University classes in which they are enrolled or internship orientation days for work. Agency/institution policy regarding dress, time of arrival and departure, confidentiality of information, holiday and “coffee break” time, notification in case of illness, etc., should be followed. While students are not generally required to work in the agency/institution during official University vacation periods (e.g., winter and spring breaks), this should be addressed with the internship site when the field site supervisor agreement form is signed and discussed with the student's faculty advisor.

Students are expected to participate in all activities normally engaged in by the agency/school/institution's staff and counselors, at a level commensurate with their experience and responsibility. Although agency/institution personnel retain ultimate responsibility for case disposition, students should be encouraged to exercise independent judgment as often as possible.

Agency/Institution Role

It has been found that supervised clinical experience is most effective for the trainee and the agency/institution if the agency/institution appoints a qualified and interested staff counselor or counselor/supervisor to oversee the student's work and provide general supervision. Only a person in the agency/institution can really understand the problems encountered and can evaluate the student's work on the basis of practical experience. A supervisor would be beneficial to the student in helping to explore general reactions to various roles a counselor is asked to assume and to follow agency/student policies and procedures, in discussing present and new cases, and in adjusting to developments in the field. It has been determined that students work best if a regular weekly schedule is set each week for supervisor and student consultation, and if the supervisor could be available to the student at other times for less formal assistance. The supervisor, as a representative and advocate for the agency/school/institution and the field, could help the student find a series of experiences that would be instructive to the role as counselor.

The supervisor could use the student's performance in these activities as an objective basis for which to evaluate the student at the end of each semester of internship.

University Role

The University delegates supervisory and administrative responsibility for field site activities to the field site supervisor. The University faculty instructor for practicum/internship will stay in phone contact with the field site supervisor as necessary or if the field site supervisor or student requested a visit.

An Internship Student Evaluation Form is completed at the end of each semester. Copies of the forms are sent to the field site supervisor.

For counselor trainees, the University will provide regular supervisory sessions covering their professional development as counselors. The student will be asked to present agency/institution cases and issues for discussion. Group supervision sessions are in the form of a two-hour-per week group supervision seminar that runs concurrent with other practicum/internship activities. Agency/institution supervisors of students are welcome to attend the on-campus group supervisory meetings, especially when their students are presenting agency/institution cases for discussion. While course guidelines vary depending on the faculty member overseeing the section of the course as a consequence of academic freedom, the overall objectives are basically the same for all sections of practicum/internship.

Special Problems

If special problems or concerns (clinical, supervisory, interpersonal, etc.) should arise during the internship, the field site supervisor should contact the University internship faculty instructor in a timely fashion, depending on the nature of the problem. It is the responsibility of the University faculty instructor to work with the field site supervisor and the student to resolve any special problems or concerns.

Conclusion

The internship experience is considered a vital part of the academic programs in counseling at The George Washington University. It offers the opportunity to put theory into practice and serves as a catalyst for personal and professional growth necessary for entry into the counseling profession.

The University is very grateful for the professional service that field site supervisors provide internship trainees in this critical phase of their professional education and training.

APPENDIX C

Summary of Field Site Requirements for Counselor Interns

Prospective counselor interns may use this summary as a quick information guide in their interview with a field site contact person. This summary represents only an excerpt of all requirements and guidelines, which students should be sure to read thoroughly. The specific requirements are as follows:

1. Students should be involved in the full range of activities and services offered by the site. The University recognizes that the service will vary depending on the philosophy and goals of the site and the individuals served. Typically, these services include:
 - A. Individual counseling
 - B. Group counseling
 - C. Career development
 - D. Appraisal and assessment
 - E. Information dissemination
 - F. Staff/faculty meetings
 - G. Supervision
 - H. In-service training
 - I. Consulting
 - J. Referral
 - K. Program development and evaluation
 - L. Maintaining records
 - M. Child study team meetings
 - N. Outreach activities

Field Site Supervision

Supervision of the internship student should be one hour of individual supervision per week. Counselor interns are to receive one hour per week of individual supervision from their on-site supervisor. For the master's level intern, the on-site supervisor should have at least a M.A. or M.S. degree in counseling, psychology, social work or related field, and is certified or licensed in their respective field. Please visit the CACREP website: <https://www.cacrep.org/section-3-professional-practice/>

Faculty Interaction with Field Site Supervisor

To allow for individual school systems and the unique style of supervisors and faculty, the extent and type of interaction may vary but the usual format would be for the supervisor to make a contact with the faculty member if there seems to be any concern or problem. Usually a phone call or e-mail would be sufficient to let the faculty member know that they needed to respond quickly. At the time of the contact, supervisors and faculty can discuss the best way to communicate more frequently as needed. Site supervisors are the experts in practice and GW instructors rely on their judgments and professionalism as the field site supervisor joins the internship faculty in training future counselors.

In the event that the student may not satisfactorily complete the first 100 practicum hours the field site supervisor, faculty instructor and student communicate to identify the issues/problems and create an action plan that builds improvement, schedules incremental communication and evaluations to determine improvement.

Field site supervisors also complete an evaluation at the end of each semester to contribute to the determination of the student moving on to the next level of internship or successfully completing internship.

Hour Requirement

During the **master's-level internship**, students must spend a total of at least 600 hours in their internship experiences. This includes time spent at the site (20-25 hours per week) and time while enrolled in CNSL 6185 Internship in Counseling and CNSL 6186 Advanced Internship in Counseling. Students complete a minimum of 240 direct hours and 360 indirect hours in their field site. Students are also expected to achieve a minimum caseload of three clients/students per week at the field placement. At least one of these should be an ongoing client/student.

Documentation of Hours and Activities

Students maintain a log that outlines all internship activities through *Time2Track*. The on-site supervisor should review and sign each page of the log at the end of each semester to verify that the hour logs are accurate. Faculty may also request paper copies of documentation.

Campus Requirements

In addition to the on-site activities, students meet weekly in class on-campus, virtually online (e.g., Webex) under the direction of Department of Counseling and Human Development faculty while enrolled in CNSL 6185 Internship in Counseling and CNSL 6186 Advanced Internship in Counseling where cases are discussed and students receive group supervision.

Application for Internship:

INSTRUCTIONS:

Follow instructions carefully or your application may be returned to you for changes prior to its review. Clearly PRINT or TYPE all information. Adhere to the following deadlines. You may lack one or two items at the time of application submission, but in order to be included in the review process and to reserve a place in a clinical practice course, the initial application *must be submitted by*:

January 15 deadline for Fall Internship

December 1 deadline for Summer Internship

Some sites may require a State Police or FBI criminal background check prior to starting work at the site. This can take over six weeks. If needed, the student must have this completed prior to the start of the internship class. It is the student's responsibility to check with the intended site at least two months prior to class to see about this requirement and fulfill it if needed.

Applications must be submitted via hand delivery or by regular mail to:

Your Faculty Advisor

Applications cannot be faxed or attached to an email. A hard copy of the application must be submitted as per above.

APPENDIX D

DEPARTMENT OF COUNSELING AND HUMAN DEVELOPMENT

APPLICATION FOR INTERNSHIP Clinical Mental Health Counseling students and Rehabilitation Counseling students

Master's candidates in counseling must complete and submit this form (by 5:00pm on due dates below) to your faculty advisor at least one semester before enrolling in CNSL 6185. **Completing this application does not ensure a place in the class.** You must use this application form in connection with all the guidelines in the Counseling Internship Information Handbook.

Note: School Counseling students work directly with your faculty advisor.

DEADLINES

Summer 2020: December 2, 2019

Fall 2020: January 15, 2020

Name _____ Program _____

Phone (H) _____ (C) _____

E-mail _____ GW ID # _____

I plan to enroll in CNSL 6185 in (indicate the year): Fall 20 _____ Spring 20 _____ Summer 20 _____

The following courses and their prerequisites are required to have been completed prior to enrolling in CNSL 6185. Please indicate the semester and year each course was taken:

CNSL 6269 – Practicum I in Counseling

Semester Completed _____ Grade Received _____

CNSL 6270 – Practicum II in Counseling (Clinical Mental Health Counseling and Rehabilitation Counseling students only)

Semester Completed _____ Grade Received _____

Please list three sites that you are considering for your internship placement (**All Sites must have an existing MOU**):

1. _____

2. _____

3. _____

Advisor's Signature

Date

Return Completed Form to YOUR FACULTY ADVISOR

APPENDIX E

GW DEPARTMENT OF COUNSELING AND HUMAN DEVELOPMENT

FIELD SITE SUPERVISOR AGREEMENT FORM

I, _____, agree to provide _____,
(Supervisor) (Student intern)

with weekly supervision of her/his counseling and counseling-related activities according to GWU's "Clinical Supervision Guidelines for Field Site Supervisors" and the Council for Accreditation of Counseling and Related Educational Programs (CACREP) guidelines for the duration of the required internship period.

Name of Agency/School OR Institution: _____

Address: _____

City/State/Zip: _____

Internship Start Date: (month)/ (day)/ (year)

Internship End Date: (month)/ (day)/ (year)

*Student is expected begin no earlier than two weeks prior to the first day of classes and to stay at the site at a minimum through the last week of internship class, for no less than 2 semesters. Students may not leave the site early should they accrue the requisite number of hours before the agreed upon date.

As the supervisor of above referenced intern at the above referenced agency, I understand and agree to the following internship requirements of the Department of Counseling and Human Development at The George Washington University:

- As a representative of the agency, we agree to ensure adequate client contact to support the accrual of a minimum of 240 direct client hours and 360 direct client hours in no less than 2 semesters.
- As supervisor, I understand that at least one (1) hour of individual supervision provided weekly is required.
- As supervisor, I agree to identify an appropriate credentialed supervisor who will assume responsibility of Intern and Intern's clinical work in my absence.
- The opportunity for the student to become familiar with a variety of professional activities and resources in addition to direct service (e.g., record keeping, assessment instruments, supervision, information and referral, in-service and staff meetings)
- As supervisor, I agree to be available for at least one (1) site visit and/or phone contact with faculty supervisor/program representative per semester
- Formal written evaluation of the student's professional and counseling performance at midterm and end of semester for each semester of the internship experience.

Supervisor Signature: _____ Date: _____

Students must submit completed form to your FACULTY ADVISOR by May 1, 2020

APPENDIX F

SUPERVISOR DATA FORM

Supervisor Name: _____

Phone _____ Email Address: _____

Name of Agency/School OR Institution: _____

Supervisor Title: _____

Supervisor Profession: _____

Supervisor Terminal Degree: MA MS MSW Ph.D. Ed.D. Other _____

Number of years of professional counseling experience: _____

License/Certification State _____ Number: _____ Expiration date: _____

GWU requires two years of prior experience. Do you meet this requirement? Yes No

Number of years of counseling supervisory experience: _____

CACREP requires supervisors to have training in the provision of clinical supervision. Have you received training in the supervision of counselors? Yes No

If yes, when? (MM/DD/YYYY) _____

Location? _____

Name of Trainer? _____

CEs awarded? Yes No How many? _____ Clock hours? _____

If no, the Department of Counseling and Human Development at GWU provides training for supervision of counselors in person and online, would you be interested? Yes No

APPENDIX G

Important Dates Timeline

Full-time students					
	Fall 2017 Cohort	Summer 2018 Cohort	Fall 2018 Cohort	Summer 2019 Cohort	Fall 2019 Cohort
Practicum Preference Form	3/15/18	3/15/19	3/15/19	3/13/20	3/13/20
Practicum Readiness Form	5/1/18	4/1/19	5/1/19	4/1/20	5/1/20
Practicum Orientation	8/22&23/18	5/15&16/19	8/21&22/19	5/13&14/20	8/26&27/20
Practicum Agreement	3/1/18	3/1/19	3/1/19	3/1/20	3/1/20
CPCE	8/24/19	5/16/20	8/29/20	5/15/21	8/28/21
Internship Application	1/15/19	12/2/19	1/15/20	12/1/20	1/15/21
Field Site Supervisor Agreement	5/1/19	3/2/20	5/1/20	3/1/21	5/1/21
Internship Site Evaluation	5/1/20	12/11/20	5/3/21	12/10/21	5/2/22
Internship Orientation	10/3/18	10/11/19	10/11/19	10/9/20	10/9/20

Part-time students				
	Fall 2018 Cohort	Fall 2019 Cohort	Fall 2020 Cohort	Fall 2021 Cohort
Practicum Preference Form	3/13/20	3/15/21	3/15/22	3/15/23
Practicum Readiness Form	4/1/20	4/1/21	4/1/22	4/1/23
Practicum Orientation	5/11&12/19	5/10&11/21	5/9&10/22	5/15&16/23
Practicum Agreement	3/1/20	3/1/21	3/1/22	3/1/23
CPCE TBD	8/29/21	8/20/22	8/19/23	8/24/24
Internship Application	1/15/21	1/15/22	1/15/23	1/15/24
Field Site Supervisor Agreement	5/1/21	5/1/22	5/1/23	5/1/24
Internship Site Evaluation	5/1/22	5/1/23	5/1/24	5/1/25
Internship Orientation	10/9/20	10/8/21	10/7/22	10/13/23

Note: School counseling and online Rehabilitation counseling programs dates may differ. Please contact your faculty advisor.

X. I have had the following professional or volunteer experience and/or course work related to counseling:

XI. My personal areas of strength and weakness which should be considered in the site selection process include:

Strengths:

Areas for improvement:

XII. Describe your ideal counseling internship. Include what duties you would perform and with what type of population.

APPENDIX I

SELF EVALUATION POST INTENRSHIP

CLINICAL MENTAL HEALTH COUNSELING, REHABILITATION COUNSELING, AND SCHOOL COUNSELING

Complete at the end of the last semester of internship and include in the internship portfolio.

Student: _____ Date _____

Agency: _____

As an internship student, you are asked to complete this progress report to reflect your evaluation of your performance and growth at your internship site using the following criteria.

Definition of Rating Terms

Proficient: Always performs above the minimum requirements and shows outstanding aptitude, application of techniques, and concepts of counseling.

Benchmark: Always meets minimum requirements in a satisfactory manner, and performs at a level considerably above that normally expected of an intern.

Emerging: Usually meets minimum requirement in a satisfactory manner; performing as might be expected of an intern.

Inadequate: Usually fails to meet minimum requirements in a satisfactory manner; performs at a level considerably below that expected of an intern.

No Basis: There is no basis on which to evaluate the intern for the item in the question.

Area of Competence	Proficient	Benchmark	Emerging	Inade- quate	No Basis
I. SUCCESS IN FORMING EFFECTIVE RELATIONS					
a. With clients/students					
b. With other professionals/staff					
c. With Supervisors					
d. Outside Agencies					
II. COUNSELING SKILLS & TECHNIQUES					
A. Knowledge and Understanding					
1. Principles and Process					
2. Psychological Aspects					

3. Human Behavior					
4. Normal Stages of Development					
5. Professional Ethics					
6. Case Management Principles and Practices					
7. Coordination with Community Agencies					
8. Community Resources					
B. Case Work Skills and Abilities					
1. Skill in Developing a Treatment Plan/IEP					
2. Skill in Effectively Coordinating and Implementing a Treatment Plan/IEP					
III. PROFESSIONALISM					
A. I completed assigned tasks with agency/school					
B. I was consistently prepared and punctual					
C. I demonstrated appropriate professional and ethical behavior throughout experience					
D. I maintained appropriate confidentiality throughout experience					
E. I demonstrated knowledge and abilities related to advocating for consumers/students					
IV. INTERNSHIP SITE ACTIVITIES					
A. I was able to maintain treatment/student files as instructed					
B. My presentations were well prepared and clear					
C. I participated in receiving and giving feedback during supervision sessions					
D. I maintained quality internship journals					

V. NARRATIVE COMMENTS: PROFESSIONAL GROWTH & POTENTIAL

Please provide a brief discussion of areas of notable strength:

Please provide a brief discussion of areas for continued improvement:

Please provide a brief discussion of your growth during the internship experience:

Student's signature: _____ **Date:** _____

APPENDIX J

THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC

Counseling Practicum/Internship Evaluation

Practicum I Practicum II Internship I Internship II

Semester: FALL 20 _____ SPRING 20 _____ SUMMER 20 _____

Student name: _____

Internship Site: _____

Supervisor: _____

Supervisee's Counseling Orientation: _____

Supervisor's Theoretical Orientation to Supervision: _____

Direct Hours summary (to date): _____

Indirect Hours summary (to date): _____

Practicum/Internship Instructor: _____

I have reviewed the evaluation and discussed it with my supervisor.

Student* _____ Date _____

Supervisor _____ Date _____

Practicum/Internship Instructor _____ Date _____

*Note: Your signature does not necessarily indicate agreement with the appraisal, only that it has been discussed. You are obligated to acknowledge the appraisal if your supervisor has discussed it with you.

For Clinical Mental Health Counseling student evaluations: Complete Sections I through X.

For Rehabilitation Counseling student evaluations: Complete Sections I through XI.

For School Counseling student evaluations: Complete Sections I through X and section XII.

Evaluation Directions

The purpose of this evaluation is threefold. First, it allows Counseling Intern (CI) practicum/internship students to reflect upon their counselor identity development process during the practicum and internship experience to foster a deeper self-awareness of strengths and areas for growth. Second, it provides a structured format for supervisors to give feedback to their trainees on progress towards the development of clinical skills. Third, the university practicum instructor, who has the responsibility for assigning a course grade, will use it as part of an overall evaluation of the successful completion of practicum requirements.

Listed below are a number of statements pertinent to counselor trainee development and performance. This evaluation takes into consideration the developmental nature of the emergence of clinical skills; thus, counseling interns' skills will be rated based on an expected level of development for each time point in the semester at which they are being evaluated (at mid-term and at the end of each of the semesters of internship). During the first semester of practicum, CIs will receive scores from 0-3, as is developmentally appropriate. Over the course of the 700-hour practicum/internship experience, students usually demonstrate increasingly higher scores across evaluation items.

Discussion of this feedback should occur in an atmosphere of open, two-way communication between both supervisor and supervisee. The aim of the evaluation process is to promote meaningful reflection and discussion concerning specific areas of a trainee's training, progress, and the means by which skills can be further acquired and refined.

RATING SCALE

- N - No Opportunity to observe
- 0 – Deficient. Does not meet criteria for program level
- 1 - Meets criteria minimally or inconsistently for program level
- 2 - Meets criteria consistently at this program level
- 3 – Exceeds criteria at this program level

I. INTAKE APPOINTMENT SKILLS					
	0	1	2	3	N
1. CI prepares adequately for intake appointment (e.g., reviews site policies and procedures, discusses client's presentation with supervisor, reviews phone screening, schedules appointments correctly in calendar)					
2. CI accurately performs and conveys all elements of the Informed Consent with the client in both written and verbal form (including limits to confidentiality).					
3. CI completes a risk assessment, if appropriate, with client during the first session and whenever clinical necessary in future sessions including asking about past and current risk history topics (e.g., suicidal ideation, abuse, substance use).					
4. CI thoroughly explores client's presenting problems bringing them to seek services, including consumer's physical and mental functioning.					
5. CI addresses all questions on the intake forms to obtain a comprehensive client's case history.					

I. INTAKE APPOINTMENT SKILLS					
	0	1	2	3	N
6. CI demonstrates basic interviewing skills (e.g., active listening, reflection, restatements, paraphrasing, summarizing, reinforcers).					
7. CI establishes rapport and facilitates client's disclosure.					
8. CI expresses genuine concern and empathy for the client while retaining perspective and objectivity.					
9. CI identifies collateral sources that need to be collaborated with for continuity of care of the client and accurately completes a Release of Information with the client for this purpose.					
10. CI contacts collateral sources in a timely fashion and releases/obtains important information for client's care and well-being.					
11. CI contacts collateral sources in a timely fashion and releases/obtains important information for client's care and well-being.					
12. The CI consults with the on-call supervisor at a minimum for situations involving risk.					

Comments:

II. ASSESSMENT SKILLS					
	0	1	2	3	N
1. The CI introduces the purposes behind the use of assessments and how to complete the assessments accurately to clients before they complete them.					
2. The CI utilizes the results from the assessments to aid in service to client's and complete progress notes.					
3. The CI discusses the assessments with their supervisor to determine if additional assessments are needed.					

Comments:

III. COUNSELING SKILLS					
	0	1	2	3	N
<i>Session Structure</i>					
1. CI demonstrates ability to open a session including completing a check-in, setting an agenda for session, and providing a brief summary of previous session for/with the consumer.					

III. COUNSELING SKILLS					
	0	1	2	3	N
2. CI demonstrates ability to close a session including informing the consumer the session is coming to a close, avoiding discussion of new material/redirecting the consumer if they bring up new material, and initiates the end of the session through summarization or discussion of homework for the following session.					
<i>Utilization of Counseling Micro-skills</i>					
3. CI responds to the client by appropriately matching the tone and effect of the consumer in session.					
4. CI intermittently uses verbal and non-verbal encouragers (e.g., head nods, mm-hmm, yes) to reinforce client’s communication regarding issues being addressed.					
5. CI listens carefully to what the consumer is saying and hears the client, as is reflected in the progress notes.					
6. CI attempts to redirect consumer from prolonged tangential discussions.					
7. CI responds appropriately to cognitive content of sessions.					
8. CI responds appropriately to client’s feelings in session.					
9. CI communicates understanding of client’s nonverbal behaviors.					
10. CI uses silence effectively in the session.					
11. CI uses confrontation appropriately with clients.					
<i>Relationship Building Skills</i>					
12. CI conveys an empathic understanding of the client’s world.					
13. CI approaches consumers in a therapeutically genuine manner.					
14. CI is able to convey feelings of warmth and acceptance to client s.					
15. CI utilizes self-involving statements and self-disclosure in an appropriate manner in sessions.					
16. CI fosters a deepening of the relationship in subsequent sessions by building an environment of trust.					
<i>Awareness of Counseling Process</i>					
17. CI is aware of their own reactions within sessions.					
18. CI deals constructively with own reactions (e.g., positive, negative, ambivalent) about clients when they occur in session and brings them to supervision independently.					
19. CI is aware of his/her own impact on the client.					
20. CI is able to deal appropriately with positive and negative emotions the client may express toward the counselor.					

Comments:

III. COUNSELING SKILLS					
	0	1	2	3	N

IV. CASE CONCEPTUALIZATION SKILLS					
	0	1	2	3	N
1. The CI is able to make and modify hypotheses about client s and their current functioning as sessions proceed.					
2. The CI is able to complete an accurate case conceptualization of the client’s case based on consumer services provided.					
3. The CI discusses with the client the priorities for treatment /service plans and reviews these with the supervisor.					
4. The CI uses the consumer’s priorities to formulate goals for treatment/service plans.					
5. The CI is able to articulate goals, short-term objectives, and interventions on a plan that will facilitate client progress in treatment/service plans.					
6. The CI demonstrates an understanding and competence in the use of the DSM-5 to create a diagnostic impression of the client(s).					

Comments:

V. THEORY & INTERVENTION SKILLS					
	0	1	2	3	N
1. The CI provides a rationale for a client’s case conceptualization based on sound counseling theory/theories.					
2. The CI articulates client issues from various theoretical perspectives.					
3. The CI develops intervention/service strategies based on case conceptualization.					
4. The CI shows willingness to be innovative and creative in intervention approaches.					

Comments:

VI. FILE DOCUMENTATION					
	0	1	2	3	N
1. The CI completes documentation for client sessions in a timely manner (i.e., the same day as the session or phone call is conducted).					

2. The CI updates case files with feedback and suggestions in a timely manner (i.e., one week).					
3. The CI is able to construct concise documentation that includes critical details in each section.					

Comments:

VII. SUPERVISORY RELATIONSHIP					
	0	1	2	3	N
1. The CI participates actively in supervision sessions (e.g., contributes to supervision agenda, sends clips for review to supervisor, reads outside of supervision and prepares comments).					
2. The CI demonstrates professional behaviors in interactions with supervisor (e.g., appropriate tone and demeanor, treating others with dignity and respect).					
3. The CI is open during supervision to self-examination about how the client r and session content affect the CI (countertransference, feelings).					
4. The CI is open to discussion of the development of the supervisor-supervisee relationship.					
5. The CI shows openness to supervisor’s feedback and suggestions for client’s sessions and documentation.					
6. The CI demonstrates follow-through on topics, interventions, or recommendations of supervisor in subsequent counseling sessions.					
7. The CI displays a developmentally appropriate balance between dependence and independence in relationship with supervisor.					
8. The CI is able to expose and express own weaknesses and share strengths accurately.					

Comments:

VIII. ETHICAL DECISION-MAKING SKILLS					
	0	1	2	3	N
1. The CI demonstrates ethical decision-making and behaviors in counseling and case management (e.g., maintains confidentiality, avoids dual relationships, practices only within areas of competence).					
2. The CI only uses appropriate and approved assessments and interventions in counseling sessions (e.g., those discussed in supervision first).					
3. The CI discusses with supervisor when issues of an ethical nature present in the counseling or supervision relationships.					

VIII. ETHICAL DECISION-MAKING SKILLS					
	0	1	2	3	N
4. CI demonstrates personal commitment to developing professional competencies.					

Comments:

IX. MULTICULTURAL IDENTITIES (e.g., gender, race, ethnicity, age, disability, sexual orientation/affectional orientation, socioeconomic status)					
	0	1	2	3	N
1. The CI demonstrates awareness of client' cultural diversity and multicultural identities.					
2. The CI responds appropriately to client s' multicultural identities and explores their importance to the client and in shaping consumers' worldview.					
3. The CI demonstrates sensitivity to the impact of own cultural diversity in the counseling process.					
4. The CI demonstrates an appreciation for the value of cultural diversity in the overall counseling process.					

Comments:

X. PROFESSIONAL DISPOSITIONS					
	0	1	2	3	N
<i>Professional Responsibility</i>					
1. The CI conducts self in an ethical and professional manner so as to promote confidence in the counseling profession.					
2. The CI relates to peers, professors, and others in a manner consistent with program mission and standards.					
3. CI demonstrates a capacity for openness to points of view, theories, experiences and perspectives different than their own, especially in relationship to those in supervisory or instructional positions.					

X. PROFESSIONAL DISPOSITIONS					
	0	1	2	3	N
4. CI demonstrates the ability to engage in dialogue with others who have different perspectives in ways that show respect for the other persons and their points of view. They will demonstrate a willingness to consider the merits of these alternative points of view in a thoughtful and professional manner.					
<i>Maturity and Attitude</i>					
5. The CI demonstrates appropriate self-control (such as anger control, impulse control) in interpersonal relationships with faculty, peers, and clients.					
6. The CI demonstrates the ability to receive, integrate and utilize feedback from peers, teachers, and supervisors.					
7. The CI demonstrates a tolerance for ambiguity and is able to appropriately balance professional responsibilities with self-care practices.					
8. The CI maintains a positive attitude and flexible, solution- oriented stance in all educational and professional endeavors.					
<i>Integrity</i>					
9. The CI refrains from making statements that are false, misleading or deceptive.					
10. Respects the fundamental rights, dignity and worth of all people.					
11. Respects and values cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status.					
12. Considers the impact of her/his actions on the wellbeing of others and the group (cohort, program, and agency) as a whole, such as avoiding improper and potentially harmful relationships.					
<i>Social and Self Awareness</i>					
13. Demonstrates awareness and knowledge of their intersecting identities (gender, race, disability, socio-economic class, sexual orientation) and the effects of these complex social locations within all contexts, including counseling.					
14. Demonstrates the ability to monitor attitudes, personal well-being, personal issues, and personal problems and to accept mentoring, supervision and remediation when they interfere with program standards and/or client care.					
15. The CI demonstrates awareness and knowledge of her/his own cultural heritage, life experience, affiliations, and worldviews, and how these influence definitions of normality-abnormality, individual and collective attitudes, values, and worldviews.					
16. The CI demonstrates an awareness and sensitivity to issues of power and privilege as they relate to intersecting identities and social roles.					
17. The CI maintains humility and uses privilege to promote social equity.					

X. PROFESSIONAL DISPOSITIONS					
	0	1	2	3	N

X. PROFESSIONAL DISPOSITIONS					
	0	1	2	3	N
XI. SPECIFIC TO REHABILITATION COUNSELING					
	0	1	2	3	N
1. The CI demonstrates informal and formal assessment of the needs and adaptive, functional, and transferable skills of PWDs.					
2. The CI demonstrates evaluation and application of assistive technology with an emphasis on individualized assessment and planning					
3. The CI utilizes resources for research and evidence-based practices applicable to rehabilitation counseling.					
4. The CI demonstrates the use of strategies to enhance coping and adjustment to disability.					
5. The CI uses techniques to promote self-advocacy skills of individuals with disabilities to maximize empowerment.					
6. The CI promotes the self-advocacy of decision-making of individuals with disabilities throughout the rehabilitation process.					
7. The CI demonstrates the use of strategies to facilitate successful rehabilitation goals across the lifespan.					
8. The CI utilizes career development and employment models and strategies to facilitate recruitment, inclusion, and retention of individuals with disabilities in the work place.					
9. The CI uses strategies to analyze work activity and labor market data and trends in order to facilitate the match between an individual with a disability and targeted jobs.					
10. The CI advocates for the full integration and inclusion of individuals with disabilities to include strategies to reduce attitudinal and environmental barriers.					
11. The CI assists individuals with disabilities to obtain knowledge of and access to community and technology services and resources.					
12. The CI consults with medical/health professionals or other interdisciplinary teams regarding the physical/mental/cognitive diagnoses, prognoses, interventions, or permanent functional limitations or restrictions of individuals with disabilities.					
13. The CI consults and collaborates with employers regarding the legal rights and benefits of hiring individuals with disabilities to include accommodations, universal design, and workplace disability prevention.					
14. The CI demonstrates the ability to consult and collaborate with employers regarding the legal rights and benefits of hiring individuals with disabilities, including accommodations, universal design, and workplace disability prevention.					

Comments:

Primary Strengths:

Primary Areas for Improvement:

XII. SPECIFIC TO SCHOOL COUNSELING					
	0	1	2	3	N
1. Assesses and interprets students' strengths and needs, recognizing uniqueness in cultures, languages, values, backgrounds, and abilities.					
2. Analyzes assessment information in a manner that produces valid inferences when evaluating the needs of individual students and assessing the effectiveness of educational programs					
3. Applies relevant research findings to inform the practice of school counseling.					
4. Participates in the design, implementation, management, and evaluation of a comprehensive developmental school counseling program.					
5. Plans and presents school-counseling-related educational programs for use with parents and teachers (e.g., parent education programs, materials used in classroom guidance and advisor/advisee programs for teachers).					
6. Implements strategies and activities to prepare students for a full range of postsecondary options and opportunities.					
7. Develops measurable outcomes for school counseling programs, activities, interventions, and experiences.					
8. Designs and implements prevention and intervention plans related to the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development.					
9. Demonstrates the ability to apply and adhere to ethical and legal standards in school counseling.					
10. Demonstrates the ability to articulate, model, and advocate for an appropriate school counselor identity and program.					
11. Provides individual and group counseling and classroom guidance to promote the academic, career, and personal/social development of students.					
12. Demonstrates the ability to recognize his or her limitations as a school counselor and to seek supervision or refer clients when appropriate.					

Comments:

Primary Strengths:

Primary Areas for Improvement:

Appendix K

THE GEORGE WASHINGTON UNIVERSITY

WASHINGTON, DC

INTERNSHIP IN COUNSELING

Department of Counseling and Human Development

The George Washington University

CNSL 6185

FALL 2019

Mina Attia, Ph.D., NCC

Office: 2134 G St. NW, Suite 311

Office: (202) 994-2339

Email: minaattia@gwu.edu

Office Hours: By Appointment (<https://calendly.com/drattia>)

COURSE INFORMATION

Time: Thursday 5:10-7:00

Location: GSEHD B-09

Credits: 3 credit hours

Pre-requisites: CNSL 6270

COURSE DESCRIPTION

Part of a two-semester clinical experience for degree and certificate candidates in counseling. Includes 600 hours of supervised counseling experience in a counseling setting.

LEARNING OUTCOMES

As a result of completing this course, students will be able to:

1. Explain and apply the role of the professional counselor as an advocate to the profession and to clients with barriers that impede access, equity and success. (2.F.1.e)
2. Explain the professional counseling credentialing process, including certification, licensure, accreditation practices and standards, professional organizations and membership, and lastly the effects of public policy on these issues. (2.F.1.f, 2.F.1.g)
3. Articulate the role of supervision in the profession and evaluate technology's impact on counseling. (2.F.1.m)
4. Demonstrate awareness of their social locations and impact on their life experiences. (2.F.2.g, 2.F.2.e, 2.F.5.f)
5. Demonstrate awareness of competence and limitations. (2.F.1.k)

6. Describe the effect of power, privilege, and difference and how these shape their own cultural attitudes, and beliefs. (2.F.2.d, 2.F.2.e, 2.F.2.g)
7. Demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view. (2.F.2.c)
8. Implement and evaluate strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups. (2.F.2.a, 2.F.2.f, 2.F.2.h)
9. Demonstrate ability to explore how personal experiences, thoughts, and feelings impact counseling with clients. (2.F.5.f)
10. Explain the essential concepts of the major theoretical schools in counseling and apply specific techniques associated with each of those approaches (2.F.3.h, 2.F.4.a, 2.F.4.i)
11. Demonstrate ethical and multicultural concepts integrated into counseling approaches at individual, group or systemic levels (2.F.3.h, 2.F.4.g)
12. Evaluate the use of counseling theory and techniques within treatment, intervention, or prevention plans (2.F.3.g, 2.F.3.f, 2.F.4.i)
13. Apply ethically and culturally relevant strategies for promoting optimal development across the lifespan in any counseling modality (2.F.3.i, 2.F.4.j, 2.F.6.g, 2.F.7.m, 2.F.8.j)
14. Demonstrate, apply, and evaluate a thorough diagnostic process if required for implementation of appropriate interventions (2.F.3.c, 2.F.3.e, 2.F.3.d)
15. Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice (2.F.7.f, 2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l)
16. Demonstrate ability to facilitate and manage the counseling process with individuals, groups, and families through direct client services and indirect client services (2.F.3.c, 2.F.3.e, 2.F.3.d)
17. Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice. (2.F.7.f, 2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l)

2016 CACREP STANDARDS

Internship	CACREP Standard	Curriculum/Evaluation Outcome
advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients	2.F.1.e.	Reflective journal,
professional counseling organizations, including membership benefits, activities, services to members, and current issues	2.F.1.f.	Reflective journal,
professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues	2.F.1.g.	Reflective journal,
strategies for personal and professional self-evaluation and implications for practice	2.F.1.k.	Case Presentation, Written narrative Sections (7 & 8)
the role of counseling supervision in the profession	2.F.1.m.	Supervisor Evaluation (Supervisory Relationship),

multicultural and pluralistic characteristics within and among diverse groups nationally and internationally	2.F.2.a.	Supervisor Evaluation (Counseling Process),
multicultural counseling competencies	2.F.2.c.	Supervisor Evaluation (Counseling Skills),
the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others	2.F.2.d.	Reflective journal,
the effects of power and privilege for counselors and clients	2.F.2.e.	Reflective journal,
help-seeking behaviors of diverse clients	2.F.2.f.	Supervisor Evaluation (Counseling Process),
the impact of spiritual beliefs on clients' and counselors' worldviews	2.F.2.g.	Reflective journal,
strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination	2.F.2.h.	Supervisor Evaluation (Counseling Process),
theories of normal and abnormal personality development	2.F.3.c.	Case Presentation, Internship Hour Log,
theories and etiology of addictions and addictive behaviors	2.F.3.d.	Case Presentation, Internship Hour Log,
biological, neurological, and physiological factors that affect human development, functioning, and behavior	2.F.3.e.	Case Presentation, Internship Hour Log,
systemic and environmental factors that affect human development, functioning, and behavior	2.F.3.f.	Supervisor Evaluation (Theory & Intervention Skills),
effects of crisis, disasters, and trauma on diverse individuals across the lifespan	2.F.3.g.	Supervisor Evaluation (Theory & Intervention Skills),
a general framework for understanding differing abilities and strategies for differentiated interventions	2.F.3.h.	Case Presentation, Written narrative (Section 5), Supervisor Evaluation (Multicultural Identities),
ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan	2.F.3.i.	Supervisor Evaluation (Ethical Decision Making),
theories and models of career development, counseling, and decision making	2.F.4.a.	Case Presentation, Written narrative (Section 5),
strategies for advocating for diverse clients' career and educational development and employment opportunities in a global economy	2.F.4.g.	Supervisor Evaluation (Multicultural Identities),
methods of identifying and using assessment tools and techniques relevant to career planning and decision making	2.F.4.i.	Case Presentation, Written narrative (Section 5), Supervisor Evaluation

		(Theory & Intervention Skills),
ethical and culturally relevant strategies for addressing career development	2.F.4.j.	Supervisor Evaluation (Ethical Decision Making),
counselor characteristics and behaviors that influence the counseling process	2.F.5.f.	Reflective journal,
ethical and culturally relevant strategies for designing and facilitating groups	2.F.6.g.	Supervisor Evaluation (Ethical Decision Making),
methods of effectively preparing for and conducting initial assessment meetings	2.F.7.b.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
use of assessments for diagnostic and intervention planning purposes	2.F.7.e.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments	2.F.7.f.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
use of assessments relevant to academic/educational, career, personal, and social development	2.F.7.i.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
use of environmental assessments and systematic behavioral observations	2.F.7.j.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
use of symptom checklists, and personality and psychological testing	2.F.7.k.	Supervisor Evaluation (Diagnostic & Conceptualization Skills; Assessment Skills),
use of assessment results to diagnose developmental, behavioral, and mental disorders	2.F.7.l.	Supervisor Evaluation (Diagnostic & Conceptualization Skills),
ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results	2.F.7.m.	Supervisor Evaluation (Ethical Decision Making; Assessment Skills),
ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation	2.F.8.j.	Supervisor Evaluation (Ethical Decision Making),
CLINICAL MENTAL HEALTH		
Roles and settings of clinical mental health counselors	5.C.2.a.	Reflective Journal
mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks	5.C.2.c.	Reflective journal

Classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation	5.C.2.h.	In class presentation
strategies for interfacing with integrated behavioral health care professionals	5.C.3.d.	In class presentation
REHABILITATION COUNSELING		
Individual response to disability, including the role of families, communities and other social networks	5.H.2.c.	Reflective journal
Administration and management of rehabilitation counseling practice, including coordination of services, payment for services and record keeping	5.H.2.r.	Reflective journal
Informal and formal assessment of the needs and adaptive, functional, and transferable skills of individuals with disabilities	5.H.3.b.	Supervisor Evaluation (Theory & Intervention Skills; Assessment Skills)
Evaluation and application of assistive technology with an emphasis on individualized assessment and planning	5.H.3.c.	Supervisor Evaluation (Theory & Intervention Skills; Assessment Skills)
Strategies to enhance coping and adjustment to disability	5.H.3.e.	Reflective journal
Techniques to promote self-advocacy skills of individuals to maximize empowerment and decision-making throughout the rehabilitation process	5.H.3.f.	Reflective journal
Strategies to facilitate successful rehabilitation goals across the lifespan	5.H.3.g.	Reflective journal
SCHOOL COUNSELING		
School counselor roles in relation to college and career readiness	5.G.2.c.	Reflective journal
School counselor roles in school leadership and multidisciplinary teams	5.G.2.d.	Reflective journal
School counselor roles and responsibilities in relation to school emergency management plans, crises, disaster, and trauma	5.G.2.e.	Reflective journal
Core curriculum design, lesson plan development, classroom management strategies, and differential instructional strategies	5.G.3.c.	Supervisor Evaluation (Theory & Intervention Skills; Assessment Skills)
Interventions to promote academic development	5.G.3.d.	Supervisor Evaluation (Theory & Intervention Skills; Assessment Skills)
Strategies to facilitate school and post-secondary transitions	5.G.3.g.	Supervisor Evaluation (Theory & Intervention Skills; Assessment Skills)
Interventions to promote college and career readiness	5.G.3.j.	Reflective journal

Academic Preparation for Learning

According to the Middle States Commission on Higher Education (MSCHE), students enrolled in a three-credit hour, 15-week course are expected to engage in a minimum of 112.5 hours of learning during the period of the course. This course includes 2 hours of direct instruction and a minimum of 5.5 hours of independent learning each week, totaling a minimum of 7.5 hours per week.

Independent (out-of-class) learning expectations

For a 3-credit semester long course, students are expected to spend an average of 5.5 hours of independent or out-of-class learning each week. This could include, but is not limited to, completion of assigned readings and assignments, additional opportunities to enhance classroom learning, and exam preparation.

REQUIRED TEXTS

American Counseling Association. (2014) *Code of ethics and standards of practice*. Alexandria, VA: American Counseling Association

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington D.C.: American Psychiatric Association Publishing.

Yalom, I. D. (2002). *The gift of therapy: An open letter to a new generation of therapists and their patients*. New York: Harper Perennial.

RECOMMENDED TEXTS

Jongsma, A. E., Peterson, L. M., & Bruce, T. J. (2014). *The complete adult psychotherapy treatment planner*. Hoboken, NJ: John Wiley and Sons.

Reichenberg (2016). *Selecting effective treatments* (5th ed). Wiley. ISBN: 9781118791356

Rosenthal, H. (2008). *Encyclopedia of counseling* (3rd ed.). New York, New York: Taylor. ISBN: 9780415958622

Seif, M., & Winston, S. (2014). *What every therapist needs to know about anxiety disorders. key concepts, insights, and interventions* (1st ed.). London: Routledge.

Sommers-Flanagan, J., & Sommers-Flanagan, R. (2018) *Counseling and psychotherapy theories in context and practice: skills, strategies, and techniques*. Hoboken, NJ: John Wiley and Sons.

COURSE POLICIES

Attendance

Class attendance and punctuality is critical. The same is expected for the individual meeting with the course instructor. As presented material will not be repeated, any anticipated absences should be discussed, well in advance, with your instructor. Because of the nature of this course and students' individual contribution to the weekly discussion, absences will be approved only in extreme circumstances. Missing class may result in a failing grade or withdrawal from the course. Group discussion deepens the learning process, which will assist you during later national examinations and your development of a professional counseling identity.

Laptops and Cell Phones

Cell phones are to be turned off and texting is not allowed during class time. If you are on call or expecting an emergency phone call that you must respond to, please step out of the classroom in order to respond. Computers are to be used for class-related assignments or note taking only.

Taskstream

The CHD department has moved to utilizing Taskstream (TS) to assess student progress across the curriculum. In this course, you will be required to submit your written assignments into TS. This includes your case presentation, mid and end of semester site supervisor evaluation, and hours log.

You will be required to submit these assignments for grading in Blackboard and for program assessment in Taskstream. Hard copies or emailed copies of these documents WILL NOT be accepted.

UNIVERSITY POLICIES

Religious Holiday Policy

The Faculty Senate has set guidelines pertaining to the observation of religious holidays. These have become university policy and are as follows:

- that students notify faculty during the first week of the semester of their intention to be absent from class on their day(s) of religious observance.
- that faculty continue to extend to these students the courtesy of absence without penalty on such occasions, including permission to make up examinations.
- that faculty who intend to observe a religious holiday arrange at the beginning of the semester to re-schedule missed classes or to make other provisions for their course-related activities.
- that, prior to each semester, the GW administration circulate to faculty a schedule of religious holidays most frequently observed by GW students
- that student members of other religious groups are also entitled to the same courtesies and accommodations.
- that the administration conveys this policy to students by including it in the Schedule of Classes and other places deemed appropriate.

Disability Support Services

The George Washington University is committed to serving the needs of its students with disabilities. Professional staff in the office of Disability Support Services ensure that disabled students receive all of the benefits of a comprehensive selection of services, and a formal Student Disability Grievance Procedure provides prompt and equitable resolution of any complaints arising out the College's responsibilities under the ADA Amendments Act, the

Americans with Disabilities Act (ADA), Section 504 of the Rehabilitation Act of 1973, and other pertinent federal, state, and local disability anti-discrimination laws. Please see the Disability Support Services website for more information: <http://gwired.gwu.edu/dss/>

GW Academic Integrity Code

The Code of Academic Integrity is a part of the Guide to Student Rights & Responsibilities and:

- Sets minimum standards for academic student conduct
- Defines the rights of students charged with an academic disciplinary violation
- Lists the procedures for resolving academic disciplinary matters
- Provides guidance for academic disciplinary sanctions
- Addresses other issues regarding academic student conduct

All students--undergraduate, graduate, professional full time, part time, law, etc.--must be familiar with and abide by the provisions of the Code of Academic Integrity.

Safety and Security

In the case of an emergency, if at all possible, the class should shelter in place. If the building that the class is in is affected, follow the evacuation procedures for the building. After evacuation, seek shelter at a predetermined location. Please review the GW Division of Safety and Security web link <https://safety.gwu.edu/emergency-response-handbook>

Sexual and Gender-Based Harassment and Interpersonal Violence Policy

All members of the university community are encouraged to take reasonable and prudent actions to prevent or stop an act of Prohibited Conduct. The university has designed a Title IX Coordinator to oversee the implementation of this policy and to ensure compliance with Title IX, relevant portions of VAWA and Title VII, and to work with the Division of Safety and Security on compliance with the Clery Act and other applicable laws. The university's Title IX Coordinator is Rory Muhammad; Director, Office for Diversity, Equity and Community Engagement, shrc@gwu.edu 202 994-7434

COURSE REQUIREMENTS

Assignment	Points Possible
<ul style="list-style-type: none"> • Internship Experience <ul style="list-style-type: none"> ○ Mid semester supervisor evaluation ○ End of semester supervisor evaluation 	50 mid-semester 50 end-of-semester
<ul style="list-style-type: none"> • Case Presentation 	100
<ul style="list-style-type: none"> • Case Conference 	34
<ul style="list-style-type: none"> • Reflective Journal 	12 * 3 = 36
<ul style="list-style-type: none"> • Time 2 Track Internship Hours Log <ul style="list-style-type: none"> ○ Mid semester ○ End of semester 	80 (40 mid-semester) (40 end-of-semester)
Total	350

Internship Experience. All students will spend the equivalent of 15-20 hours a week in a field setting over the course of a minimum of two semesters. Over two semesters, students must complete a total of 600-hour internship, which includes

- a. A minimum of 240 hours of direct work with clients at a field site appropriate to students' program emphasis (120 for CNSL 6185 Internship I and 120 for CNSL 6186 Internship II).
- b. An additional 360 hours of indirect service activities at an appropriate field site (180 for CNSL 6185 Internship I and 180 for CNSL 6186 Internship II).
- c. A minimum of 1 (1 ½ if triadic) hours a week of individual supervision meetings.
- d. A minimum of 2 hours a week of group supervision (for rehabilitation counseling students, this must be provided by a certified rehabilitation counselor).
 - **Students meeting < 80% of any required clinical experience 2 weeks prior to the last day of the current semester are required to enroll in an additional internship course.**

Time 2 Track Internship Hours Log. The log provides a dated record of all internship activities and the time spent in each and serves as the official record that the student has met the requirements of the internship. The log should keep a running total of time spent in internship activities and is to be signed by the field site supervisor at 300 hours of internship, and upon completion of 600 hours of internship. A summary of hours is to be submitted at the mid-point and end of the semester for evaluation by the instructor. Hours should be submitted to site supervisors at mid and end of semester for approval with each evaluation period.

Case Conference. You will present a case to our class in the form of a professional case conference. When you present this to our group, please bring along handouts that provides the following information. Please be concise and use clinical writing. This should not be longer than

1-page front and back. A case conference template will be provided.

- Client Description
- Presenting Concern or Goal
- Psychosocial History
- Mental Status, Strengths and Resources
- Conceptualization of case
- DSM Diagnosis
- Treatment Plan/Counseling plan/Individualized Plan for Employment
- Questions for Discussion

Case Presentation. Students are required to make a comprehensive case presentation lasting 45 minutes as part of the group supervision sessions. For each presentation, a formal case write-up (typed) will be prepared following one of the available formats. A draft of your write up is due to the supervisor one week before your scheduled presentation.

Students are expected to choose at least one theoretical orientation with which to conceptualize the case. This report differs from the writing tasks required by the clinic (e.g., intakes and closing summaries) in a number of ways; however, the most obvious difference is the focus on counseling theory as the driving force for the case conceptualization and intervention strategies. In the group supervision session, the student will present a brief review of the written material.

Case presentations will be scheduled at the start of the semester. You will be responsible to present on the date assigned. There is no possibility of a make-up, as our schedule is going to be full. If for some reason you cannot make your presentation, it is your responsibility to arrange for a classmate to take your time slot. You must successfully complete all requirements to receive a passing grade. Case presentations that do not meet the expectations of the seminar will not be accepted.

Case Presentation		
Presenting Concern	<ul style="list-style-type: none"> • State in the client’s own language as much as possible. • History of client counseling and attempts to address the concern. Has this changed or evolved while receiving counseling service. 	10
Background Information	<ul style="list-style-type: none"> • Client demographics, developmental history (i.e., milestones, delays, family map/genogram, emotional patterns/intergenerational patterns) • Medical and psychological history (including substance usage, personal and familial) • State client and family diversity issues that are broadly defined, as these might be implicated in the overall presenting concern. 	10
Personal Strengths	<ul style="list-style-type: none"> • Client stated strengths. • Your inferences 	5
Diagnostic impression	<ul style="list-style-type: none"> • Provide evidence for each aspect of your impression. • Present a DSM-5 diagnosis, or V-code, including criteria met 	20
Theory	<ul style="list-style-type: none"> • Briefly describe the theory. • Present the clinical manifestations you’re seeing in this case according to your theory framework. 	10

Case Conceptualization	<ul style="list-style-type: none"> This is your clinical synthesis of what all the above information means to you as you generate hypotheses to inform your treatment. 	15
Treatment Goals	<ul style="list-style-type: none"> How have you and the client collaborated on setting these? What are short-term and long-term aspects of these goals. How with progress be monitored and evaluated? Is this an evidenced-based practice? Implicit goals still to be determined? 	20
Questions for your Class	<ul style="list-style-type: none"> What aspects of the case do you want your class to assist you to enhance client counseling outcomes/employment outcomes? Might there be countertransference dynamics with this case; client transferences; or counselor transference. Is/Are there diagnostic challenges that you want help with? 	10
Total points		100

Reflective Journal. The journal is submitted weekly. A total of 12 journals are due. The weekly journal is a reflective narrative that is three full pages in length (excluding cover page). The required section headings are: Page 1, use heading of Application: present the major concepts of the preceding class readings or content from the weekly discussion that resonated with you and apply this to your internship site; Page 2, use heading of Professional Development: present your client-based accomplishment or challenge at the internship site and how you addressed this; and Page 3, use heading of Goals: for each assigned client/group, state your goals for the next session and the justification for such goals. Present in APA format with a cover page. To receive full credit, the journal is submitted in Blackboard and includes a cover page and three full pages of narrative content. Each page is double-spaced. All 12 journals will be submitted in Taskstream at the end of the semester.

Note: Journals #7, 8, 9, 10, & 11 have a specific reflection prompt located in the back of the syllabus (pg.22) and on Blackboard.

Site Supervisor Evaluation. At mid-semester and end of the semester, the field site supervisor will complete an evaluation of the intern’s activities. This evaluation form will be sent to the field site supervisor through Time 2 Track two times per semester and is used by the internship instructor in the calculation of students’ final course grade.

Counting Your Hours: What Counts where and how much?

Direct Hours:

- Intake
- Sessions
 - o Generally 30, 45, or 50 minute sessions
 - o Either one-on-one or co-therapy
- Group Facilitation
- Assessment
- Assessment feedback session with client
- Phone therapy/crisis triage with client only
- Outreach Programming

- Count only hours spent delivering the outreach program. Hours spent developing/researching program should be counted as indirect hours.

Indirect Hours

- Administrative duties
 - Scheduling, returning phone calls, communicating with clinic directors, staff, instructors, attending staff meetings
- Supervision
 - Individual, triadic, group, and on campus count here
- Shadowing
- Client advocacy
- Tape Review
- Role Plays
- Training/workshop/conference attendance
- Documentation
 - 1.5hr max per intake
 - 30 min max per client session
 - 1 hr max per group session
- Assessment Scoring
- Related readings
 - These should be readings associated with preparing to serve your client
- Consultations
 - These are conversations with a peer, other mental health professional, community resources about a client/ presenting concern

METHODS OF INSTRUCTION

- | | |
|---|---|
| <input checked="" type="checkbox"/> Lectures | <input checked="" type="checkbox"/> Student Presentations |
| <input checked="" type="checkbox"/> Required Readings | <input checked="" type="checkbox"/> Out of class activity |
| <input checked="" type="checkbox"/> Recommended/Supplemental Readings | <input checked="" type="checkbox"/> Video/media |
| <input checked="" type="checkbox"/> Class and Small Group Discussions | <input type="checkbox"/> Other _____ |

GRADES

- A = 95-100%
- A- = 90-94%
- B+ = 87-89%
- B = 84-86%
- B- = 80-83%
- C+ = 77-79%
- C = 74-76%
- C- = 70-73%
- F = 69% or below

COURSE SCHEDULE

Date	CACREP Standards	Topic(s)	Agenda/ Readings	Due
8/29	2.F.3.h; 2.F.4.a; 2.F.4.i	Professional counseling identity.	Syllabus overview. Time 2 Track. Theoretical Orientation Activity. ACA Code of Ethics, ASCA Code of Ethics, CRCC Code of Ethics.	<ul style="list-style-type: none"> • Internship contract • Liability insurance • HIPAA training
9/5	5.C.2.a, 5.C.2.c, 5.G.2.c, 5.G.2.d, 5.G.2.e, 5.H.2.c	Roles and settings of clinical mental health counselors, rehabilitation counselors, and school counselors.	Check in. Clinical discussion. Yalom: Chapters 1, 3, 4	<ul style="list-style-type: none"> • Journal #1
9/12	2.F.3.i; 2.F.4.j; 2.F.6.g; 2.F.7.m; 2.F.8.j	Ethical issues in counseling.	Check in. Clinical discussion. Yalom: Chapters 5, 6, 7 ACA article	<ul style="list-style-type: none"> • Journal #2
9/19	2.F.3.g; 2.F.3.f; 2.F.4.i	Conceptualizing and presenting cases.	Check in. Clinical discussion. Review case conference. Yalom: Chapters 9, 11, 12	<ul style="list-style-type: none"> • Journal #3
9/26	2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.i, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d	Awareness of competence and limitations.	Check in. Clinical discussion. Yalom: Chapters 14, 15, 18	<ul style="list-style-type: none"> • Journal #4 • Student Case conferences
10/3	2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.i, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d, 5.G.2.d, 5.G.2.e, 5.H.2.c	Knowing your site. Interfacing with behavioral healthcare professionals and community service providers.	Check in. Clinical discussion. Yalom: Chapters 20, 24, 25	<ul style="list-style-type: none"> • Journal #5 • Student Case conferences
10/10	2.F.1.m, 2.F.2.c, 2.F.2.a, 2.F.2.f, 2.F.2.h, 2.F.3.h, 2.F.4.g, 2.F.3.g, 2.F.3.f, 2.F.4.i, 2.F.3.i, 2.F.4.j, 2.F.6.g, 2.F.7.m, 2.F.8.j, 2.F.7.f,	The role of supervision in the profession.	Check in. Clinical discussion. Yalom: Chapters 26, 27, 28	<ul style="list-style-type: none"> • Supervisor mid-semester evaluation • Hours log • Journal #6

	2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.G.3.c, 5.G.3.d, 5.G.3.g, 5.G.3.j 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d			<ul style="list-style-type: none"> • Student Case conferences
10/14-10/17	<p>INDIVIDUAL MEETINGS Schedule at: https://calendly.com/drattia</p>			
10/24	2.F.1.e, 5.G.2.c, 5.G.2.d, 5.G.2.e 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d, 5.H.3.f, 5.H.3.g	The role of the professional counselor as an advocate.	Check in. Internship site discussion. Yalom: Chapters 29, 30, 31	<ul style="list-style-type: none"> • Journal #7 (prompt) • Student Presentations
10/31	2.F.1.f; 2.F.1.g, 5.C.2.a., 5.C.2.c. 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d	Professional counseling credentialing process, including certification, licensure, accreditation practices and standards.	Check in. Internship site discussion. Yalom: Chapters 34, 35, 36	<ul style="list-style-type: none"> • Journal #8 (prompt) • Student Presentations
11/7	2.F.2.g; 2.F.2.e; 2.F.5.f 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d	Awareness of social locations and impact on life experiences.	Check in. Internship site discussion. Yalom: Chapters 37, 38, 39	<ul style="list-style-type: none"> • Journal #9 (prompt) • Student Presentations)
11/14	2.F.2.d; 2.F.2.e; 2.F.2.g 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d	Multicultural Counseling. Power and privilege.	Check in. Internship site discussion. Yalom: Chapters 41, 42, 43	<ul style="list-style-type: none"> • Journal #10 (prompt) • Student Presentations
11/21	2.F.5.f, 2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d	Self as counselor.	Check in. Internship site discussion. Yalom: Chapters 45, 46, 47	<ul style="list-style-type: none"> • Journal #11 (prompt) • Student Presentations
12/5	2.F.1.m, 2.F.2.c, 2.F.2.a, 2.F.2.f, 2.F.2.h, 2.F.3.h, 2.F.4.g, 2.F.3.g,	Research and assessment in	Check in. Internship site discussion.	<ul style="list-style-type: none"> • Supervisor end of semester evaluation

	<p>2.F.3.f, 2.F.4.i, 2.F.3.i, 2.F.4.j, 2.F.6.g, 2.F.7.m, 2.F.8.j, 2.F.7.f, 2.F.7.j, 2.F.7.e, 2.F.7.b, 2.F.7.i, 2.F.7.k, 2.F.7.l</p> <p>2.F.3.c, 2.F.3.e, 2.F.3.d, 5.G.3.c, 5.G.3.d, 5.G.3.g, 5.G.3.j</p> <p>2.F.1.k, 2.F.3.h, 2.F.4.a, 2.F.4.l, 2.F.3.c, 2.F.3.e, 2.F.3.d, 5.C.2.h, 5.C.3.d, 5.G.3.d, 5.G.3.g, 5.G.3.j, 5.H.3.b, 5.H.3.c</p>	<p>counseling.</p>	<p>Wrap up.</p>	<ul style="list-style-type: none"> • Hours log • Journal
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***Note:** This syllabus and course schedule is subject to change to accommodate for salient issues that arise during the clinical experience. Students will be notified of any changes in class. Please refer to the syllabus posted on Blackboard for the most updated version.*

CNSL 6185: Internship				
	Proficient (3)	Benchmark (2)	Emerging (1)	Inadequate (0)
Professional Counseling Identity				
<p>Criteria 1</p> <p>Explain and apply the role of the professional counselor as an advocate to the profession and to clients with barriers that impede access, equity and success.</p> <p>As evidenced by: Student reflective journal assignment score >80%</p> <p>CACREP standard: 2.F.1.e, 5.G.2.c, 5.G.2.d., 5.G.2.e.</p>	<p>Ability to demonstrate reflective and critical application of the role of the professional counselor advocate. Well-written; in APA format.</p>	<p>Ability to demonstrate reflective and critical application of the role of the professional counselor advocate. Well-written; not in APA format.</p>	<p>Ability to demonstrate reflective and critical application of the role of the professional counselor advocate. Not well-written; not in APA format.</p>	<p>Limited ability to demonstrate reflective and critical application of the role of the professional counselor advocate. Not well-written; not in APA format.</p>
<p>Criteria 2</p> <p>Explain the professional counseling credentialing process, including certification, licensure, accreditation practices and standards, professional organizations and membership, and lastly the effects of public policy on these issues</p> <p>As evidenced by: Student reflective journal assignment score > 80%</p> <p>CACREP standards: 2.F.1.f; 2.F.1.g, 5.C.2.a., 5.C.2.c.</p>	<p>Ability to describe the role of the professional counseling credentialing process. Well-written; in APA format.</p>	<p>Ability to describe the role of the professional counseling credentialing process. Well-written; not in APA format.</p>	<p>Ability to describe the role of the professional counseling credentialing process. Not well-written. Not in APA format.</p>	<p>Limited ability to describe the role of the professional counseling credentialing process. Not well-written; not in APA format.</p>
<p>Criteria 3</p>	<p>4 of 4 component items rated as</p>	<p>3 of 4 component item rated as</p>	<p>2 of 4 component item rated as Expected</p>	<p>1 of 4 component items rated as</p>

<p>Articulate the role of supervision in the profession and evaluate technology's impact on counseling.</p> <p>As evidenced by: Supervisor evaluation Section 6. Supervisory Relationship</p> <p>CACREP standard: 2.F.1.m</p>	<p>Expected Level (EL) or Slightly Above EL</p>	<p>Expected Level (EL) or Slightly Above EL</p>	<p>Level (EL) or Slightly Above EL</p>	<p>Expected Level (EL) or Slightly Above EL</p>
<p>Self As Counselor</p>				
<p>Criteria 4</p> <p>Demonstrate awareness of their social locations and impact on their life experiences</p> <p>As evidenced by: Student reflective journal assignment score > 80%</p> <p>CACREP standards: 2.F.2.g; 2.F.2.e; 2.F.5.f</p>	<p>Ability to demonstrate reflective and critical application of their social location and impact. Well-written; in APA format.</p>	<p>Ability to demonstrate reflective and critical application of their social location and impact. Well-written; not in APA format.</p>	<p>Ability to demonstrate reflective and critical application of their social location and impact. Not well-written; not in APA format.</p>	<p>Limited ability to demonstrate reflective and critical application of their social location and impact. Not well-written; not in APA format.</p>
<p>Criteria 5</p> <p>Demonstrate awareness of competence and limitations</p> <p>As evidenced by: In class case presentation and written narrative Section 7 Counselor Client Relationship and Section 8 Professional Counseling Skills demonstrated score of > 80%</p> <p>CACREP standard: 2.F.1.k</p>	<p>Ability to present competence in session client counselor therapeutic relationship in each of 3 areas as identifying challenges, skills demonstrated, and areas for improvement. Well-stated, well-written; in APA format.</p>	<p>Ability to present competence in session client counselor therapeutic relationship in 2 of 3 areas as identifying challenges, skills demonstrated, and areas for improvement. Well-stated, well-written; not in APA format.</p>	<p>Ability to present competence in session client counselor therapeutic relationship in 1 of 3 areas as identifying challenges, skills demonstrated, and areas for improvement. Well-stated, not well-written; not in APA format.</p>	<p>Unable to present competence in session client counselor therapeutic relationship in any areas as identifying challenges, skills demonstrated, and areas for improvement. Not well-stated, not well-written; not in APA format.</p>

Multicultural Competence				
<p>Criteria 6</p> <p>Describe the effect of power, privilege, and difference and how these shape their own cultural attitudes, and beliefs</p> <p>As evidenced by: Student reflective journal assignment score</p> <p>CACREP standards: 2.F.2.d; 2.F.2.e; 2.F.2.g</p>	<p>Ability to demonstrate reflective exploration of influences upon one’s counselor attitudes and beliefs. Well-written; in APA format.</p>	<p>Ability to demonstrate reflective exploration of influences upon one’s counselor attitudes and beliefs. Well-written; not in APA format.</p>	<p>Ability to demonstrate reflective exploration of influences upon one’s counselor attitudes and beliefs. Not well-written; not in APA format.</p>	<p>Ability to demonstrate reflective exploration of influences upon one’s counselor attitudes and beliefs. Not well-written; not in APA format.</p>
<p>Criteria 7</p> <p>Demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view.</p> <p>As evidenced by: Supervisor evaluation Section 3. Counseling Skills</p> <p>CACREP standards: 2.F.2.c</p>	<p>18 of 20 items rated as Expected Level (EL) or Slightly Above EL</p>	<p>16 of 20 items rated as Expected Level (EL) or Slightly Above EL</p>	<p>14 of 20 items rated as Expected Level (EL) or Slightly Above EL</p>	<p>13 or fewer items rated as Expected Level (EL) or Slightly Above EL</p>
<p>Criteria 8</p> <p>Implement and evaluate strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups.</p> <p>As evidenced by: Internship site supervisor evaluation Section 2. Counseling Process</p> <p>CACREP standard: 2.F.2.a; 2.F.2.f; 2.F.2.h</p>	<p>18 of 20 items rated as Adequate or More than Adequate</p>	<p>16 of 20 component items rated as Adequate or More than Adequate</p>	<p>14 of 20 component items rated as Adequate or More than Adequate</p>	<p>13 or fewer items rated as Adequate or More than Adequate</p>

<p>Criteria 9 Demonstrate ability to explore how personal experiences, thoughts, and feelings impact counseling with clients.</p> <p>As evidenced by: Student reflective journal assignment score</p> <p>CACREP standards: 2.F.5.f</p>	<p>Ability to demonstrate reflective exploration of personal experiences and impact with counseling clients. Well-written; in APA format.</p>	<p>Ability to demonstrate reflective exploration of personal experiences and impact with counseling clients. Well-written; not in APA format.</p>	<p>Ability to demonstrate reflective exploration of personal experiences and impact with counseling clients. Not well-written; not in APA format.</p>	<p>Limited ability to demonstrate reflective and critical application of their social location and impact. Not well-written; not in APA format.</p>
<p>Theory to Practice</p>				
<p>Criteria 10 Explain the essential concepts of the major theoretical schools in counseling and apply specific techniques associated with each of those approaches</p> <p>As evidenced by: In class case presentation and written narrative Section 5 Counseling Plan Development</p> <p>CACREP standards: 2.F.3.h; 2.F.4.a; 2.F.4.l</p>	<p>Ability to present the essential components of theory and application to development of the client counseling plan. Well-stated, well-written; in APA format.</p>	<p>Ability to present the essential components of theory and application to development of the client counseling plan. Well-stated, well-written; not in APA format.</p>	<p>Ability to present the essential components of theory and application to development of the client counseling plan. Well-stated, not well-written; not in APA format.</p>	<p>Unable to present the essential components of theory and application to development of the client counseling plan. Not well-stated, not well-written; not in APA format.</p>
<p>Criteria 11 Demonstrate ethical and multicultural concepts integrated into counseling approaches at individual, group or systemic levels.</p> <p>As evidenced by: Supervisor evaluation Section 8 Multicultural Identities</p>	<p>4 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>3 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>2 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>1 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>

CACREP standards: 2.F.3.h.; 2.F.4.g.				
<p>Criteria 12</p> <p>Evaluate the use of counseling theory and techniques within treatment, intervention, or prevention plans.</p> <p>As evidenced by: Supervisor evaluation Section 4 Theory and Intervention Skills section</p> <p>CACREP standards: 2.F.3.g; 2.F.3.f; 2.F.4.i</p>	<p>4 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>3 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>2 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>1 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>
Ethical Practice				
<p>Criteria 13</p> <p>Apply ethically and culturally relevant strategies for promoting optimal development across the lifespan in any counseling modality</p> <p>As evidenced by: Supervisor evaluation Section 7 Ethical Decision-Making Skills section</p> <p>CACREP standards: 2.F.3.i; 2.F.4.j; 2.F.6.g; 2.F.7.m; 2.F.8.j</p>	<p>4 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>3 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>2 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>	<p>1 of 4 component items rated as Expected Level (EL) or Slightly Above EL</p>
Clinical Skill				
<p>Criteria 14</p> <p>Demonstrate, apply, and evaluate a thorough diagnostic process if required for implementation of appropriate</p>	<p>Ability to present the diagnostic process and utility to inform conceptualization of case and counseling</p>	<p>Ability to present the diagnostic process and utility to inform conceptualization of case and counseling</p>	<p>Ability to present the essential components of theory and application to development of the</p>	<p>Unable to present the essential components of theory and application to development of the</p>

<p>interventions.</p> <p>As evidenced by: In Class case presentation instructor evaluation Section 4 Implications and diagnoses</p> <p>CACREP standards: 2.F.3.c; 2.F.3.e; 2.F.3.d, 5.C.2.h., 5.C.3.d.,</p>	<p>plan development. Well-stated, well-written; in APA format.</p>	<p>plan development. Well-stated, well-written; not in APA format.</p>	<p>client counseling plan. Well-stated, not well-written; not in APA format.</p>	<p>client counseling plan. Not well-stated, not well-written; not in APA format.</p>
<p>Criteria 15</p> <p>Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice</p> <p>As evidenced by: Internship site supervisor evaluation Section 1. Diagnostic and Conceptualizing Skills</p> <p>CACREP standards: 2.F.7.f.; 2.F.7.j.; 2.F.7.e.; 2.F.7.b; 2.F.7.i.; 2.F.7.k; 2.F.7.l</p>	<p>4 of 4 component items rated as Adequate or More than Adequate</p>	<p>3 of 4 component items rated as Adequate or More than Adequate</p>	<p>2 of 4 component items rated as Adequate or More than Adequate</p>	<p>1 of 4 component items rated as Adequate or More than Adequate</p>
<p>Criteria 16</p> <p>Demonstrate ability to facilitate and manage the counseling process with individuals, groups, and families through direct client services and indirect client services.</p> <p>As evidenced by Internship hour logs</p> <p>CACREP standards: 2.F.3.c.; 2.F.3.e.; 2.F.3.d, 5.G.3.c., 5.G.3.d., 5.G.3.g., 5.G.3.j.</p>	<p>Student accrues >100% of required direct client hours and >100% of required indirect client hours.</p>	<p>Student accrues 100% of required direct client hours and 100% of required indirect client hours.</p>	<p>Student accrues 95% to 99% of required direct client hours and 95% to 99% of required indirect client hours.</p>	<p>Student accrues <95% of required direct client hours and <95% of required indirect client hours.</p>

Research and Assessment				
<p>Criteria 17</p> <p>Demonstrate the ability to identify, select, and administer diagnostic and risk assessments to facilitate evidence-based counseling practice.</p> <p>As evidenced by Supervisor evaluation Section 2. Assessment Skills</p> <p>CACREP standards: 2.F.7.f.; 2.F.7.j.; 2.F.7.e.; 2.F.7.b; 2.F.7.i.; 2.F.7.k; 2.F.7.l</p>	<p>3 of 3 component items rated as Adequate or More than Adequate</p>	<p>2 of 3 component items rated as Adequate or More than Adequate</p>	<p>1 of 3 component items rated as Adequate or More than Adequate</p>	<p>0 of 3 component items rated as Adequate or More than Adequate</p>

Journal Prompts

Journal 7	<p>Explain and apply the role of the professional counselor as an advocate to the profession and to clients with barriers that impede access, equity and success.</p> <p>CACREP standard: 2.F.1.e, 5.G.2.c, 5.G.2.d, 5.G.2., 5.H.2.c, 5.H.3.f, 5.H.3.g</p>
Journal 8	<p>Explain the professional counseling credentialing process, including certification, licensure, accreditation practices and standards, professional organizations and membership, and lastly the effects of public policy on these issues</p> <p>CACREP standards: 2.F.1.f; 2.F.1.g, 5.C.2.a., 5.C.2.c.</p>
Journal 9	<p>Demonstrate awareness of your social locations and their impact on your life experiences:</p> <p>Reflect on the impact of spiritual beliefs on clients' and counselors' worldviews as well as counselor characteristics and behaviors that influence the counseling process.</p> <p>CACREP standards: 2.F.2.g; 2.F.2.e; 2.F.5.f</p>
Journal 10	<p>Describe the effect of power, privilege, and difference and how these shape your own cultural attitudes, and beliefs.</p> <p>CACREP standards: 2.F.2.d; 2.F.2.e; 2.F.2.g</p>
Journal 11	<p>Explore how personal experiences, thoughts, and feelings impact your counseling with clients. You may reflect on a specific experience or the sum of experiences that have impacted who you are today and how this plays a part in your counseling.</p> <p>CACREP standards: 2.F.5.f</p>

Case Presentation

Presenting Concern (In the Client's Own Language as much as possible)

Include history of client attempts to address the concern

Background Information

Client demographics

Developmental History

Milestones

Delays

Family map/genogram

Emotional patterns/intergenerational patterns

Medical and Psychological History (including substance usage, personal and familial)

Client and family diversity issues, broadly defined, as these might be implicated in the overall presenting concern

Personal Strengths

Client Stated

Your inferences

Your theoretical lens from which you viewed the client

Note this is not an academic exposition of the theory you use but rather the clinical manifestations you're seeing in this case according to your theory framework

Case Conceptualization

This is your clinical synthesis of what all the above information means to you as you generate hypotheses to inform your treatment. Base this on evidence presented

Diagnostic impression

Provide evidence for each aspect of your impression

Treatment Goals

How have you and client collaborated on setting these?

What are short and long-term aspects of these goals?

Implicit goals still to be determined?

Questions for your Class

Three question minimum. What aspects of the case would you want your class to contribute:

For example, might there be countertransference dynamics as you work with this case? Client transferences? Are there diagnostic puzzles that you want help with?